National Homeopathic Patient Survey

A Study Conducted by the American Medical College of Homeopathy
Department of Research

Written By
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About the Survey

The survey was difficult to design. The work group that constructed it made every effort to keep the survey as short as possible, while garnering the maximum amount of data. We made an effort to minimize respondent fatigue. 91.5% of respondents completed the survey. General response to the survey was positive, although some found certain questions ambiguous.

The survey was primarily conducted on line, although a few surveys were mailed out to individuals who did not have email addresses. It consisted of 40 questions and took approximately 10-15 minutes to complete. The following targeted groups were included:

- All National Homeopathic Membership Organizations
- All National Homeopathic Schools
- Homeopathic Software Company Mailing Lists
- Homeopathic Pharmaceutical Company Mailing Lists
- Homeopathic Conference Directors
- Homeopathic Certification Organization Mailing Lists
- State Homeopathic Licensure Mailing Lists
- State Homeopathic Association Mailing Lists
- National Homeopathic Bookseller Mailing Lists
- Forwarded Emails from Homeopathic Practitioners

Homeopathic practitioners were asked to distribute the survey to their patient mailing list. The survey was up and running from April 1st, 2007 through September 30th, 2007. Nearly 1200 responses were received.
Summary of Survey Results

Overview
In all, there were 1150 Homeopathic Patient Respondents in the survey. Not every participant filled out all of the questions.

Summary of Results by Question
Below is a summary of the results. See the more detailed summary by question that follows for further details.

1. Age
   • Average Age 48

2. Sex
   • Female: 81%

3. Ethnicity
   • 88% Caucasian

4. Species
   • Human: 97%
   • Animal: 3%

5. State Where You live
   • California 18.1%
   • Pennsylvania 10.6%
   • Massachusetts 8.4%
   • Ohio 4.4%
   • Florida 4.2%

6. Marital Status
   • 63%

7. Occupation
   • Health Care Providers: 21.5%
   • Retired: 19.9%
   • Business: 14.7%
   • Education: 8%
   • Child: 3.6%

8. Highest Level of Education Achieved
   • Bachelor’s: 31.8%
   • Master’s: 25.1%
   • High School: 12.4%
   • Doctoral: 11.8%

9. Sensitivity to Conventional Medication
• Extremely 12.6%
• Significantly 26.2%
• Moderately 33.6%
• Little 12%
• Very little 9.1%
• Not At All 6.4%

10. Sensitivity to Homeopathic Medicine
• Extremely 8.9%
• Significantly 27.1%
• Moderately 28.3%
• Little 9.4%
• Very little 8.4%
• Not at all 18%

11. Nature of Treatment
• 12.4% Self care only
• 87.7% Tx by homeopath now or in past

12. Length of Time in Homeopathic Treatment
• Mean: 8.5 years

13. Frequency of Visits to Homeopathic Practitioner
• Mean: 3.8 months

14. Type of Treatment
• Classical 70.6%
• Complex only 6.3%
• Classical and complex 23.1%

15. Name and Potency of Last Remedy That Took
• 19% don’t know
• 6% were not told

16. Main Reason That Sought Homeopathic Treatment
• General Health: 25.1%
• Psychiatric: 15.4%
• Musculoskeletal: 9.7%
• Infectious Disease: 8.0%
• Neurology: 6.6%
• Dermatology: 6.3%
• Immunology: 6.0%

17. How did you learn about homeopathy?
• Treatment of friends and family: 30.2%
• Reading book or article: 14.9%
• Other: 13.4%
• Treatment of self: 9.0%
• Practitioner Referral; 7.2%
• Study Group; 6.5%
• Public Talk; 5.6%
• Internet; 3.4%

18. How did you find your homeopathic practitioner?
• Referral by a friend: 38.4%
• Referral by a Family Member: 11.4%
• Referral by a Health Care Provider: 11.4%
• Not Applicable (self treatment): 7.4%
• Other: 7.2%
• Internet: 7.0%
• Public Talk/Class: 6.5%
• Practitioner Listing: 5.7%
• Phone Book: 2.6%
• Advertising: 1.3%
• Reading Book or Article: 1.2%

19. How do you pay for treatment?
• Out of Pocket: 84%
• Not applicable (free or self treatment): 8%
• Insurance: 8%

20. Were your symptoms or conditions previously treated with conventional medicine?
• Extensively: 14.0%
• Significantly: 16.0%
• Moderately: 16.8%
• Little: 10.0%
• Very little: 10.0%
• Not at all: 25.3%

21. What was the response to this conventional treatment?
• Extremely improved: 2.5%
• Highly improved: 7.2%
• Moderately improved: 18.0%
• Little improved: 19.3%
• Very little improved: 18.7%
• No improvement: 34.3%

22. Were your symptoms previously treated with alternative medicine other than homeopathy?
• Extensively: 3.7%
• Significantly: 11.2%
• Moderately: 21.3%
• Little; 12.7%
• Very little; 9.2%
• Not at all; 41.9%

23. What was the response to this alternative treatment?
• Extremely improved; 6.6%
• Highly improved; 10.3%
• Moderately Improved: 29.2%
• Little improved; 21.1%
• Very little improved; 12.4%
• No improvement; 20.4%

24. Were your symptoms or conditions treated previously with homeopathic medicine (other than your current practitioner or self-treatment)?
• Extensively; 5.7%
• Significantly; 13%
• Moderately; 12.9%
• Little; 7.2%
• Very little; 3.9%
• Not at all; 57.2%

25. What was your response to previous homeopathic treatment?
• Extremely improved; 13.5%
• Highly improved; 21.1%
• Moderately improved; 23.4%
• Little improved; 10.6%
• Very little improved; 7.3%
• No improvement; 24.1%

26. Homeopathic Treatment Satisfaction
• Overall treatment success; 78.9%
• Treatment success of main complaint; 75.8%
• Improvement in mental and emotional symptoms; 73.8%
• Improvement in physical symptoms; 73.5%
• Improvement in general well being; 74.9%
• Improvement in energy; 66.1%
• Improvement in self awareness; 75.9%

27. How long were you in treatment before you saw success?
• 3.4 months

28. How much have you been able to reduce your previous medication or supplements as a consequence of homeopathic treatment?
• Average: 72.0% reduction

29. If you have successfully reduced your medication, what has been the approximate cost savings per month?
• $86.10

30. How important has homeopathy been in your overall healthcare?
• Extremely important; 64.1%
• Very important; 22.2%
• Moderately important; 8.5%
• Mildly important; 3.0%
• Slightly important; 1.3%
• Not at all; .9%

31. How much of a problem has antidoting been in your treatment?
• Extremely high; 1.2%
• High; 4.0%
• Moderate; 15.4%
• Low; 23.6%
• Extremely low; 21.7%
• Not at all; 34%

32. How much of a problem have side effects or aggravations been in treatment?
• Extremely high; 2.2%
• High; 4.0%
• Moderate; 14.5%
• Low; 20.5%
• Extremely low; 24.5%
• Not at all; 34.4%

33. If you had a problem with side effects, were the symptoms one’s that you previously experienced at some point earlier in your life or were they new symptoms for you?
• Previous symptoms; 76.2%
• New symptoms; 23.8%

34. How compliant with treatment have you been?
• Extremely high; 46.9%
• High; 37%
• Moderate; 12.9%
• Low; 1.3%
• Extremely low; .7%
• Not at all; 1.2%
35. How well do you understand your homeopathic treatment and how homeopathy works?
   • Extremely high; 41.8%
   • High; 31.8%
   • Moderate; 22%
   • Low; 2.7%
   • Extremely low; .7%
   • Not at all; 1%

36. What is the average cost per year for treatment (excluding medicine)?
   • Average: $580.78

37. What is the average cost per year for your homeopathic medicine?
   • Average: $115.36

38. What do you like most about your homeopathic treatment?
   • Effectiveness: 25.4%
   • Safety: 25.1%
   • Holistic: 7.9%
   • Natural: 7.1%
   • My Practitioner: 5.5%
   • Simplicity: 4.6%
   • Deep Healing: 4.3%
   • Fast: 3.4%
   • Inexpensive: 2.9%

Please see expanded descriptions below for further details.

39. What do you like least about your homeopathic treatment?
   • Slow Pace of Healing: 16.6%
   • Nothing (I like it all): 16%
   • Cost (Not covered by health insurance): 13.3%
   • Hard Work: 7.7%
   • Not Enough Practitioners (Too far to travel): 7.3%
   • Side Effects: 6.2%
   • Not Completely Effective: 6.0%
   • Understanding and Explaining How It Works: 4.3%
   • Antidoting: 4.0%
   • Unskilled Practitioners: 3.0%
   • Uncertainty of Remedy Effects: 2.4%

Please see expanded descriptions below for further details.
40. **Comments**  
   See Appendix B.
Section One: Demographics

Question #1: Age
The average age of the Homeopathic Patient Respondents was 47.8 (mean=50). There was a 99% response rate to this question. There was a 100% response rate to this question.

Total Respondents;
- Average: 47.8

Sex:
- Male Average: 41.9
- Female Average: 49.3

Species:
- Animal Average: 11.1
- Human Average: 48.8

Style of Care:
- Constitutional Care Average: 47.4
- Self Care Average: 51.0

Type of Care:
- Classical
- Complex
- Complex and Classical

Average Age: Male/Female

Average Age: Species
Average Age: Style of Care

- Total Respondents Age (%)
- Self Care Only Age (%)
- Constitutional Care Only Age (%)
**Question #2: Sex**

Over 81% of the homeopathic patient respondents were female. Males were more likely to show a poor response to treatment. Women were more likely to be sensitive to both conventional medicines and homeopathic medicines. There was a 99% response rate to this question.

**Total Respondents:**
- Female: 81.1%
- Male: 18.9%

**Self Care Only:**
- Female: 78.9%
- Male: 22.1%

**Constitutional Care Only:**
- Female: 80.6%
- Male: 19.4%

**Animal:**
- Female: 61.1%
- Male: 38.9%

**Style-Classical Only:**
- Female: 79.9%
- Male: 20.1%

**Style-Complex Only:**
- Female: 77.3%
- Male: 22.7%

**Style-Both Classical and Complex:**
- Female: 83.2%
- Male: 18.8%

**Masters/Doctoral Training:**
- Female: 78.7%
- Male: 21.3%

**Frequent Visits:**
- Female: 78.6%
- Male: 21.4%

**Good Responders:**
- Female: 81.5%
- Male: 18.5%

**Poor Responders:**
- Female: 73.9%
- Male: 26.1%
Sensitive to Conventional Meds:
Female: 86.2%
Male: 13.8%

Sensitive to Homeopathic Remedies:
Female: 84.9%
Male: 15.1%

Polycrests:
Female: 83.9%
Male: 16.1%

Total Respondents: Sex

Animal Only: Sex

Poor Responders
Sensitive to Conventional Medications

Sensitive to Homeopathic Medicines
**Question #3: Ethnicity**

Over 88% of patient respondents were Caucasian. The response rate was 99% for this question.

**Total Respondents**
- African American: .4%
- Asian: 3.5%
- Caucasian: 88.1%
- Hispanic: 3.6%
- Native American: .4%
- Middle Eastern: .4%
- East Indian: .4%
- Other 4.0%
**Question #4: Species**

Only 3% of patients were animals. There was a 98% response rate to this question.

**Total Respondents:**
- Human 96.7%
- Animal 3.3%

**Self Care Only:**
- Human: 95.5%
- Animal: 4.5%

**Constitutional Care Only:**
- Human: 96.1%
- Animal: 3.9%

**Style-Classical Only:**
- Human: 94.8%
- Animal: 5.2%

**Style-Complex Only:**
- Human: 94.0%
- Animal: 6.0%

**Style-Both:**
- Human: 97.1%
- Animal: 2.9%

**Female:**
- Human: 97.5%
- Animal: 2.5%

**Male:**
- Human: 93.4%
- Animal: 6.6%

**Frequent Visits:**
- Human: 98.5%
- Animal: 1.5%

**Good Responders:**
- Human: 96%
- Animal: 4.0%

**Poor Responders:**
- Human: 98.2%
- Animal: 1.8%

**High Cost:**
- Human: 128/130
- Animal: 2/130

**Sensitive to Meds:**
- Human: 95.9%
- Animal: 4.1%

**Sensitive to Remedies:**
- Human: 96.0%
- Animal: 4.0%

**Polycrests:**
- 3.1%
- 96.9%

**Species: Total Response**

**Species: Male/Female**
Question #5: Location (By State)

There was a 96% response rate to this question.

<table>
<thead>
<tr>
<th>State</th>
<th>Response</th>
</tr>
</thead>
<tbody>
<tr>
<td>Alabama</td>
<td>4=.4%</td>
</tr>
<tr>
<td>Alaska</td>
<td>5=.5%</td>
</tr>
<tr>
<td>Arizona</td>
<td>52=4.7%</td>
</tr>
<tr>
<td>Arkansas</td>
<td>3=.3%</td>
</tr>
<tr>
<td>California</td>
<td>199=18.1%</td>
</tr>
<tr>
<td>Canada</td>
<td>14=1.3%</td>
</tr>
<tr>
<td>Colorado</td>
<td>32=2.9%</td>
</tr>
<tr>
<td>Connecticut</td>
<td>20=1.8%</td>
</tr>
<tr>
<td>Costa Rica</td>
<td>1=.1%</td>
</tr>
<tr>
<td>Delaware</td>
<td>22=2%</td>
</tr>
<tr>
<td>District of Columbia</td>
<td>3=.3%</td>
</tr>
<tr>
<td>England</td>
<td>1=.1%</td>
</tr>
<tr>
<td>Florida</td>
<td>46=4.2%</td>
</tr>
<tr>
<td>Georgia</td>
<td>11=1%</td>
</tr>
<tr>
<td>Hawaii</td>
<td>1=.1%</td>
</tr>
<tr>
<td>Idaho</td>
<td>2=.2%</td>
</tr>
<tr>
<td>Illinois</td>
<td>23=2%</td>
</tr>
<tr>
<td>India</td>
<td>4=.4%</td>
</tr>
<tr>
<td>Indiana</td>
<td>7=.6%</td>
</tr>
<tr>
<td>Iowa</td>
<td>2=.2%</td>
</tr>
<tr>
<td>Italy</td>
<td>1=.1%</td>
</tr>
<tr>
<td>Kansas</td>
<td>4=.4%</td>
</tr>
<tr>
<td>Kentucky</td>
<td>7=.6%</td>
</tr>
<tr>
<td>Maine</td>
<td>10=.9%</td>
</tr>
<tr>
<td>Maryland</td>
<td>33=3.0%</td>
</tr>
<tr>
<td>Massachusetts</td>
<td>93=8.4%</td>
</tr>
<tr>
<td>Michigan</td>
<td>22=2%</td>
</tr>
<tr>
<td>Minnesota</td>
<td>20=1.8%</td>
</tr>
<tr>
<td>Missouri</td>
<td>4=.4%</td>
</tr>
<tr>
<td>Montana</td>
<td>3=.3%</td>
</tr>
<tr>
<td>Nebraska</td>
<td>1=.1%</td>
</tr>
<tr>
<td>Nevada</td>
<td>5=.5%</td>
</tr>
<tr>
<td>New Hampshire</td>
<td>15=1.4%</td>
</tr>
<tr>
<td>New Jersey</td>
<td>21=2%</td>
</tr>
<tr>
<td>New Mexico</td>
<td>12=1%</td>
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<tr>
<td>New York</td>
<td>50=4.5%</td>
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<tr>
<td>New Zealand</td>
<td>4=.4%</td>
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<tr>
<td>North Carolina</td>
<td>33=3%</td>
</tr>
<tr>
<td>North Dakota</td>
<td>2=.2%</td>
</tr>
<tr>
<td>Ohio</td>
<td>49=4.4%</td>
</tr>
<tr>
<td>Oklahoma</td>
<td>1=.1%</td>
</tr>
<tr>
<td>Oregon</td>
<td>31=2.8%</td>
</tr>
<tr>
<td>Pennsylvania</td>
<td>117=10.6%</td>
</tr>
<tr>
<td>Rhode Island</td>
<td>6=.5%</td>
</tr>
</tbody>
</table>
**Question #6: Marital Status**

63% of the patient respondents for this question were married. The response rate for this question was 97.4%.

**Total Respondents**
- 62.9% married
- 37.1% single

**Self Care Only:**
- Married: 86/133=64.7%
- Single: 47/133=35.3%

**Constitutional Care Only:**
- Married: 576/923=62.4%
- Single: 347/923=37.6%

**Style-Classical Only:**
- Married: 468/735=63.7%
- Single: 267/735=36.3%

**Style-Complex Only:**
- Married: 32/63=50.8%
- Single: 31/63=49.2%

**Style-Both:**
- Married: 154/242=63.6%
- Single: 88/242=36.4%

**Good Responders:**
- Married: 403/618=65.2%
- Single: 215/618=34.8%

**Poor Responders:**
- Married: 60/106=56.6%
- Single: 46/106=43.4%

**Total Respondents**
Question #7: Occupation

The most common response was Health Care Providers (21.5%). There was a 96.9% response rate to this question.

Aesthetician: 4=.4%  
Artist: 48=4.3%  
Legal: 8=.7%  
Business: 164=14.7%  
Clergy: 4=.4%  
Clerical: 43=3.9%  
Education: 89=8.0%  
Engineering: 32=2.9%  
Entertainment: 2=.2%  
Farming: 3=.3%  
Finance: 20=1.8%  
Food Services: 8=.7%  
Health Care Providers: 240=21.5%  
Homemaker: 47=4.2%  
Labor: 14=1.4%  
Miscellaneous: 11=1.3%  
None: 7.9%  
Real Estate: 12=1.1%  
Retired: 12%  
Scientist: 12=1.1%  
Sports: 4=.4%  
Student: 40=3.6%
**Question #8: Highest Level of Education Achieved**

The most common result was Bachelor’s (31.8%). The response rate to this question was 97.8%.

High School: 12.4%
High School Student: 5%
Associates: 12.5%
Bachelor’s: 31.8%
Elementary Student: 1.4%

Master’s Degree: 25.1%
Middle School: 2%
Doctoral Degree: 11.8%
Other: 1.6%
Preschool: 1%

**Total Respondents**
Question #9: How sensitive are you to conventional medication?

The strongest response in this category was Moderately (33.6%). Highly sensitive is defined below as either Extremely or Significantly sensitive. Those individuals who were sensitive to conventional medication were also more likely to be sensitive to homeopathic medication. The response rate was 96.8% for this question.

Total Respondents
- Extremely: 12.6%
- Significantly: 26.2%
- Moderately: 33.6%
- Little: 12%
- Very little: 9.1%
- Not At All: 6.4%
Question #10: How sensitive are you to homeopathic medication?

The strongest response in this category was Moderately (28.3%). Highly sensitive is defined below as either Extremely or Significantly sensitive. Those individuals who were sensitive to homeopathic medication were also more likely to be sensitive to conventional medication. The response rate was 97.2% for this question.

Total Respondents
- Extremely: 8.9%
- Significantly: 27.1
- Moderately: 28.3%
- Little: 9.4%
- Very little: 8.4%
- Not at all: 18%
**Section Two: Homeopathic Treatment**

**Question #11: Nature of Treatment**

The significant majority of patient respondents were engaging in constitutional care with a homeopathic practitioner (87.7%). The response rate for this question was 93.0%.

**Total Respondents**
- 12.4% self care only
- 87.7% treatment by homeopathic practitioner now or in past

**Style-Classical Only:**
- Self Care: $\frac{70}{750}=9.3\%$
- Constitutional Care: $\frac{680}{750}=90.7\%$

**Animal:**
- Self Care: $\frac{5}{36}=13.9\%$
- Constitutional Care: $\frac{31}{36}=86.1\%$

**Human:**
- Self Care: $\frac{125}{1096}=11.4\%$
- Constitutional Care: $\frac{895}{1093}=88.6\%$

**Style-Complex Only:**
- Self Care: $\frac{12}{65}=18.5\%$
- Constitutional Care: $\frac{53}{65}=81.5\%$

**Style-Both:**
- Self Care: $\frac{42}{244}=17.2\%$
- Constitutional Care: $\frac{202}{244}=82.8\%$

**Female:**
- Self Care: $\frac{104}{924}=11.3\%$
- Constitutional Care: $\frac{820}{924}=88.7\%$

**Male:**
- Self Care: $\frac{26}{213}=12.2\%$
- Constitutional Care: $\frac{187}{213}=87.8\%$

**Good Responders:**
- Self Care: $\frac{62}{626}=9.9\%$
- Constitutional Care: $\frac{564}{626}=90.1\%$
Poor Responders:
• Self Care: 7/112=6.25%
• Constitutional Care: 95/112=93.75%

Sensitive to Meds:
• Self Care: 45/414=10.9%
• Constitutional Care: 369/414=89.1%

Sensitive to Remedies:
• Self Care: 38/403=9.4%
• Constitutional Care: 365/403=90.6%

Polycrests:
• Self Care: 45/326=14.0%
• Constitutional Care: 280/326=86.0%

Total Respondents
Question #12: Length of time in homeopathic treatment, if applicable.

The average response for this question was 8.5 years. The median was 5 years. The response rate for this question was 80.6%.

Self Care Only:
- Average: 12.0 years

Constitutional Care Only:
- Average: 8.2 years

Style-Classical Only:
- Average: 8.4 years

Style-Complex Only:
- Average: 4.7 years

Style-Both:
- Average: 9.9 years

Female:
- Average: 8.4 years

Male:
- Average: 8.9 years

Frequent Visits:
- Average: 5.26 years

Good Responders:
- Average: 9.3 years

Poor Responders:
- Average: 5.8 years

High Cost:
- Average: 7.0 years

Sensitive to Meds:
- Average: 9.3 years

Sensitive to Remedies:
- Average: 10.0 years

Animal:
- Average: 4.6 years

Human:
- Average: 8.6 years

Polycrests:
- Average: 9.5 years

Elderly
- Average: 14.5 years
Young:
  • Average: 3.0 years
Question #13: Frequency of visits to homeopathic practitioner if applicable.

The average frequency of visits to the homeopathic practitioner was 3.8 months (median 3 months). 12.4% described visiting the homeopathic practitioner only as needed. The response rate was 76.6% for this question.

Style-Classical Only:
- Average: 3.8 months

Style-Complex Only:
- Average: 3.0 months

Style-Both:
- Average: 4.0 months

Female:
- Average: 3.8 months

Male:
- Average: 3.6 months

Good Responders:
- Average: 3.9 months

Poor Responders:
- Average: 3.4 months

High Cost:
- Average: 2.2 months

Sensitive to Meds:
- Average: 3.8 months

Sensitive to Remedies:
- Average: 4.0 months

Animal:
- Average: 4.6 months

Human:
- Average: 3.8 months

Polycrests:
- Average: 3.7 months

Elderly
- Average

Young:
- Average 3.1 months
Question #14: Type of Treatment

The majority of practitioner respondents received purely classical homeopathic treatment (70.6%). The response rate was 91.7% for this question.

Total Respondents:
- Classical Only: 70.6%
- Complex Only: 6.3%
- Classical and Complex: 23.1%

Self Care Only:
- Classical: 70/125=56%
- Complex: 12/125=9.6%
- Classical and Complex: 43/125=34.4%

Constitutional Care Only:
- Classical: 674/928=72.6%
- Complex: 54/928=5.8%
- Classical and Complex: 200/928=21.6%

Female:
- Classical: 595/851=69.9%
- Complex: 52/851=6.1%
- Classical and Complex: 204/851=24.0%

Male:
- Classical: 145/197=73.6%
- Complex: 14/197=7.1%
- Classical and Complex: 38/197=19.3%

Frequent Visits:
- Classical: 133/194=68.6%
- Complex: 16/194=8.2%
- Classical and Complex: 45/194=23.2%

Good Responders:
- Classical: 449/620=72.4%
- Complex: 33/620=5.3%
- Classical and Complex: 138/620=22.3%

Poor Responders:
- Classical: 80/108=75%
- Complex: 8/108=7.4%
- Classical and Complex: 20/108=17.6%

High Cost:
- Classical: 83/126=65.9%
- Complex: 11/126=8.7%
- Classical and Complex: 32/126=25.4%

**Sensitive to Meds:**
- Classical: 270/391=69.1%
- Complex: 17/391=4.3%
- Classical and Complex: 104/391=26.6%

**Sensitive to Remedies:**
- Classical: 281/387=72.6%
- Complex: 18/387=4.7%
- Classical and Complex: 88/387=22.7%

**Animal:**
- Classical: 26/35=74.3%
- Complex: 4/35=11.4%
- Classical and Complex: 5/35=14.3%

**Human:**
- Classical: 707/1006=70.3%
- Complex: 61/1006=6.0%
- Classical and Complex: 238/1006=23.7%

**Polycrests:**
- Classical: 230/323=71.2%
- Complex: 14/323=4.3%
- Classical and Complex: 79/323=24.5%

**Elderly**
- Classical: 61/110=55.5%
- Complex: 7/110=6.4%
- Classical and Complex: 42/110=38%

**Young:**
- Classical: 33/48=68.7%
- Complex: 6/48=12.5%
- Classical and Complex: 9/48=18.75%

**Total Respondents**
Question #15: Name and potency of last homeopathic medicine taken.  
There was an 88.7% response rate to this question.

Total Respondents
- 19.2% Don’t Know
- 5.9% Was Not Told
- 76.2%: Other

Most Commonly Taken Homeopathic Medicines
- Natrum muriaticum: 4.9%
- Phosphorous: 4.8%
- Sulphur: 4.2%
- Pulsatilla: 3.9%
- Sepia: 3.8%
- Arnica Montana: 3.6%
- Calcarea carbonica: 3.6%
- Rhus tox: 2.8%
- Silica: 2.6%
- Nux vomica: 2.5%
- Lycopodium: 2.2%
- Arsenicum album: 2.0%
- Lachesis: 1.9%
- Ignatia: 1.7%
- Aurum mettalicum: 1.5%
- Staphysagria: 1.5%
- Thuja: 1.5%
- Other: 51%

Potency
- LM: 9.7%
- 6C: 3.8%
- 6X: 1.6%
- 8X: .5%
- 12X: .3%
- 12C: 2.0%
- 30C: 22.3%
- 30X: 2.0%
- 200C: 27.6%
- 1M: 23.9%
- 10M: 3.0%
- 50M: .8%
- CM: .6%
- MM: .2%
- Other: 1.7%

**Homeopathic Medicine Respondents**

<table>
<thead>
<tr>
<th>Medicine</th>
<th>Percentage</th>
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<tbody>
<tr>
<td>Other</td>
<td>45.6%</td>
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<tr>
<td>Thuja</td>
<td>.2%</td>
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<tr>
<td>Staph</td>
<td>.0%</td>
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<tr>
<td>Aur met</td>
<td>.0%</td>
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<tr>
<td>Ignatia</td>
<td>.0%</td>
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<td>Lach</td>
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<td>Ars alb</td>
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<td>Nux vomica</td>
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<td>Phos</td>
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<td>Nat mur</td>
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**Most Commonly Taken Homeopathic Medicines (%)**
Homeopathic Potency Respondents

Other
MM
CM
50M
10M
1M
200C
30C
30X
12C
12X
8X
6C
6X
LM

Most Recent Potencies (%)
Question #16: Main Reason that Sought Homeopathic Treatment (if applicable)

The most common response was general health (25%). The response rate for this question was 88.9%.

Total Responses:

- Cardiology: 1.7%
- Dental: .5%
- Dermatology: 6.3%
- Endocrinology: 1.9%
- Environmental Toxicity: .2%
- Gastrointestinal: 5.0%
- General Health: 25.1%
- Gynecology: 4.7%
- Hematology: .5%
- Immunology: 6.0%
- Infectious Disease: 8.0%
- Musculoskeletal: 9.7%
- Neurology: 6.6%
- Obstetrics: 1.0%
- Oncology: 1.0%
- Ophthalmology: .3%
- Other: .5%
- Preventive Medicine: .2%
- Psychiatric: 15.4%
- Pulmonology: 3.7%
- Urology: 1.4%

Ranked General Success Rate in Treating Various Chief Complaints (%)

- Infectious Disease: 84.0%
- Gynecology: 82.7%
- Immunology: 82.2%
- Gastrointestinal: 80.7%
- Cardiology: 79.6%
- Neurology: 78.8%
- Pulmonology: 78.7%
- Musculoskeletal: 78.5%
- General Health: 77.5%
• Psychiatric: 77.3%
• Dermatology: 73.9%
• Endocrinology: 69.5%
Overall **Success Rate in Treating Various Chief Complaints (%)**

- Infectious Disease
- Gynecology
- Immunology
- Gastrointestinal
- Cardiology
- Neurology
- Pulmonology
- Musculoskeletal
- General Health
- Psychiatric
- Dermatology
- Endocrinology
**Question #17: How did you learn about homeopathy?**

The most common response for this question was treatment of friends and family. The response rate for this question was 91.8%.

**Total Respondents**
- Internet; 3.4%
- Other; 13.5%
- Practitioner Referral; 7.3%
- Public Talk; 5.6%
- Reading Book or Article; 15.0%
- Study Group; 6.6%
- Treatment of Friends and Family; 39.5%
- Treatment of Self: 9.1%
Question #18: How did you find your homeopathic practitioner?

The most common response to this question was Referral by a Friend (38.4%). The response rate for this question was 91.0%.

Total Respondents

- Advertising: 1.3%
- Internet: 7.0%
- Not Applicable (self treatment): 7.4%
- Phone Book: 2.6%
- Other: 7.2%
- Practitioner Listing: 5.7%
- Public Talk/Class: 6.5%
- Reading Book or Article: 1.2%
- Referral by a Family Member: 11.4%
- Referral by a Friend: 38.4%
- Referral by a Health Care Provider: 11.4%

Total Respondents (%)
Question #19: How do you pay for treatment?

The response rate to this question was 91.5%.

Total Respondents
- Barter: .6%
- Not applicable (free or self treatment): 7.6%
- Insurance 7.6%
- Out of Pocket: 84.2%

Many said both insurance and out of pocket.

Total Respondents (%)
Section Three: Past Treatment

**Question #20: Were your symptoms previously treated with conventional medicine?**

The most common response to this question was not at all (25.3%). The response rate to this question was 87.6%.

**Total Respondents**
- Extensively 15.3%
- Significantly; 17.4%
- Moderately 18.3%
- Little 10.8%
- Very little; 10.6%
- Not at all; 27.6%

<table>
<thead>
<tr>
<th>Total Respondents (%)</th>
<th>Extensively</th>
<th>Significantly</th>
<th>Moderately</th>
<th>Little</th>
<th>Very Little</th>
<th>Not At All</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>15.3%</td>
<td>17.4%</td>
<td>18.3%</td>
<td>10.8%</td>
<td>10.6%</td>
<td>27.6%</td>
</tr>
</tbody>
</table>
**Question #21: What was the response to the conventional treatment (if applicable)?**

The most common response was No Improvement (34.3%). The response rate was 72.1%.

**Total Respondents**
- Extremely improved; 2.5%
- Highly improved; 7.2%
- Moderately improved; 18.0%
- Little improved; 19.3%
- Very little improved; 18.7%
- No improvement; 34.3%

**Total Respondents (%)**
**Question #22: Were your symptoms previously treated with alternative medicine (other than homeopathy)?**

The most common response to this question was Not At All (41.9%). There was an 86.3% response rate to this question.

**Total Respondents:**
- Extensively 3.7%
- Significantly; 11.2%
- Moderately; 21.3%
- Little; 12.7%
- Very little; 9.2%
- Not at all; 41.9%
Question #23: What was the response to the alternative treatment (not homeopathy)?

The most common response to this question was Moderate (29.2%). There was a 63.4% response rate to this question.

Total Respondents
- Extremely improved; 6.6%
- Highly improved; 10.3%
- Moderately Improved: 29.2%
- Little improved; 21.1%
- Very little improved; 12.4%
- No improvement; 20.4%
**Question #24:** Were you symptoms or conditions previously treated with homeopathic medicine (other than your current practitioner or current self treatment)?

The most common response to this question was Not At All (57.2%). The response rate for this question was 84.2%.

**Total Respondents**
- Extensively; 5.7%; 55
- Significantly; 13%; 126
- Moderately; 12.9%; 125
- Little; 7.2%; 70
- Very little; 3.9%; 38
- Not at all; 57.2%; 554
Question #25: What was the response to the previous homeopathic treatment?

The most common response was No Improvement (24.1%). The response rate for this question was 51.6%.

Total Respondents
- Extremely improved; 13.5%
- Highly improved; 21.1%
- Moderately improved; 23.4%
- Little improved; 10.6%
- Very little improved; 7.3%
- No improvement; 24.1%

Total Respondents (%)
Section IV: Current Homeopathic Treatment Success

Question #26: Please rate your satisfaction as a percentage on each of the following items for your homeopathic treatment.

The response rate for this question was 74.5%. A number of respondents reported difficult in answering the self-awareness question. Complete cure was noted to be uncommon.

Total Respondents
- Overall treatment success; 78.9%; SD 22.7; Median=85
- Improvement in main complaint; 75.8%; SD 27.0; Median=85
- Improvement in mental and emotional symptoms; 73.8%; SD=27.9; Median=80
- Improvement in physical symptoms; 73.5%; SD=26.6; Median=80
- Improvement in general well being; 74.9%; SD=25.8; Median=80
- Improvement in energy; 66.1%; SD=29.9; Median=75
- Improvement in self awareness; 75.9%; SD=28.6; Median=90

Self Care Only:
- Overall: 83.8%
- Main Complaint: 81.5%
- Mental and Emotional: 72.9%
- Physical: 78.2%
- Well Being: 75.8%
- Energy: 64.7%
- Self Awareness: 73.5%

Frequent Antidoting
- Overall: 71.2%

Strong Side Effects
- Overall: 64.5%
Past Treatment Responders
- Overall: 82.7%

Past Treatment Failures
- Overall: 77.7%

High Educational Level
- Overall: 78.1%

High Compliance
- Overall: 80.5%

Low Compliance
- Overall: 70.7%

High Understanding
- 81.4%

Low Understanding
- 71.2%

**Constitutional Care Only:**
- Overall: 78.6%
- Main Complaint: 75.2%
- Mental and Emotional: 73.9%
- Physical: 73.0%
- Well Being: 74.8%
- Energy: 66.2%
- Self Awareness: 76.1%

**Female:**
- Overall: 80.0%
- Main Complaint: 76.5%
- Mental and Emotional: 75.3%
- Physical: 73.9%
- Well Being: 76.0%
- Energy: 67.6%
- Self Awareness: 78.1%

**Male:**
- Overall: 75.0%
- Main Complaint: 72.5%
- Mental and Emotional: 67.0%
- Physical: 71.9%
- Well Being: 70.2%
- Energy: 59.8%
- Self Awareness: 65.8%

**Frequent Visits:**
- Overall: 75.6%
• Main Complaint: 71.9%
• Mental and Emotional: 71.3%
• Physical: 69.4%
• Well Being: 71.4%
• Energy: 63.9%
• Self Awareness: 73.1%

High Cost:
• Overall: 74.8%
• Main Complaint: 71.3%
• Mental and Emotional: 70.7%
• Physical: 71.0%
• Well Being: 71.3%
• Energy: 65.0%
• Self Awareness: 75.0%

Long Treatment
• Overall: 82.6%
• Main Complaint: 79.5%
• Mental and Emotional: 79.1%
• Physical: 78.6%
• Well Being: 80.4%
• Energy: 70.5%
• Self Awareness: 78.4%

Sensitive to Meds:
• Overall: 82.3%
• Main Complaint: 78.6%
• Mental and Emotional: 78.2%
• Physical: 76.7%
• Well Being: 78.9%
• Energy: 70.4%
• Self Awareness: 81.5%

Sensitive to Remedies:
• Overall: 83.3%
• Main Complaint: 79.4%
• Mental and Emotional: 77.6%
• Physical: 77.6%
• Well Being: 79.1%
• Energy: 70.6%
• Self Awareness: 79.7%

Animal:
• Overall: 80.2%
• Main Complaint: 73.6%
• Mental and Emotional: 67.1%
• Physical: 73.2%
• Well Being: 76.4%
• Energy: 75.2%

**Human:**
• Overall: 79.0%
• Main Complaint: 75.7%
• Mental and Emotional: 73.9%
• Physical: 73.4%
• Well Being: 74.9%
• Energy: 65.8%
• Self Awareness: 76.0%

**Polycrests:**
• Overall: 83.7%
• Main Complaint: 81.2%
• Mental and Emotional: 78.5%
• Physical: 78.0%
• Well Being: 79.0%
• Energy: 70.2%
• Self Awareness: 77.1%

**Classical Only:**
• Overall: 79.4%
• Main Complaint: 76.0%
• Mental and Emotional: 74.3%
• Physical: 73.6%
• Well Being: 75.3%
• Energy: 66.1%
• Self Awareness: 76.8%

**Complex Only:**
• Overall: 75.4%
• Main Complaint: 71.9%
• Mental and Emotional: 67.4%
• Physical: 71.0%
• Well Being: 70.1%
• Energy: 61.2%
• Self Awareness: 70.7%

**Both Classical and Complex:**
• Overall: 79.4%
• Main Complaint: 76.2%
• Mental and Emotional: 74.7%
• Physical: 74.3%
• Well Being: 75.9%
• Energy: 68.4%
• Self Awareness: 75.0%

**Cardiology**
- Overall: 79.6%
- Main Complaint: 80.8%
- Mental and Emotional: 67.2%
- Physical: 80.8%
- Well Being: 67.5%
- Energy: 63.7%
- Self Awareness: 61.2%

**Dermatology**
- Overall: 77.5%
- Main Complaint: 71.8%
- Mental and Emotional: 73.2%
- Physical: 74.1%
- Well Being: 72.7%
- Energy: 64.5%
- Self Awareness: 73.9%

**Endocrinology**
- Overall: 69.5%
- Main Complaint: 69.7%
- Mental and Emotional: 75.6%
- Physical: 65.8%
- Well Being: 73.3%
- Energy: 65.6%
- Self Awareness: 78.1%

**Gastrointestinal**
- Overall: 80.7%
- Main Complaint: 76.1%
- Mental and Emotional: 70.6%
- Physical: 74.5%
- Well Being: 74.5%
- Energy: 66.8%
• Self Awareness: 72.7%

General Health
• Overall: 77.5%
• Main Complaint: 71.6%
• Mental and Emotional: 70.4%
• Physical: 71.1%
• Well Being: 73.7%
• Energy: 65.2%
• Self Awareness: 75.7%

Gynecology
• Overall: 82.7%
• Main Complaint: 80.7%
• Mental and Emotional: 80.6%
• Physical: 78.0%
• Well Being: 79.9%
• Energy: 71.0%
• Self Awareness: 86.2%

Immunology
• Overall: 82.2%
• Main Complaint: 80.6%
• Mental and Emotional: 75.5%
• Physical: 80.6%
• Well Being: 79.2%
• Energy: 67.9%
• Self Awareness: 71.5%

Infectious Disease
• Overall: 84.0%
• Main Complaint: 84.8%
• Mental and Emotional: 79.9%
• Physical: 78.5%
• Well Being: 77.6%
• Energy: 68.9%
• Self Awareness: 78.8%

Musculoskeletal
• Overall: 78.5%
• Main Complaint: 75.6%
• Mental and Emotional: 74.4%
• Physical: 74.6%
• Well Being: 73.1%
• Energy: 66.0%
• Self Awareness: 73.1%

Neurology
• Overall: 78.8%
• Main Complaint: 73.6%
• Mental and Emotional: 69.1%
• Physical: 74.7%
• Well Being: 72.3%
• Energy: 64.1%
• Self Awareness: 76.2%

Psychiatric
• Overall: 77.3%
• Main Complaint: 75.8%
• Mental and Emotional: 74.6%
• Physical: 67.3%
• Well Being: 75.15
• Energy: 62.7%
• Self Awareness: 75.4%

Pulmonology
• Overall: 78.7%
• Main Complaint: 74.4%
• Mental and Emotional: 73.8%
• Physical: 75.3%
• Well Being: 77.5%
• Energy: 69.6%
• Self Awareness: 81.1%

Elderly
• Overall: 77.7%
• Main Complaint: 72.8%
• Mental and Emotional: 69.2%
• Physical: 69.5%
• Well Being: 70.5%
- Energy: 59.1%
- Self Awareness: 66.3%

**Young**
- Overall: 70.6%
- Main Complaint: 65.5%
- Mental and Emotional: 58.3%
- Physical: 70.4%
- Well Being: 63.1%
- Energy: 48.4%
- Self Awareness: 55.7%

**Success Rates (%)**

- Overall Success
- Main Complaint
- Mental and Emotional
- Physical
- Well Being
- Energy
- Self-Awareness
Question #27: How long were you in treatment before you saw results (months)?

The average response rate was 3.4 months (median 1 month). The response rate for this question was 72.5%.

Constitutional Care Only:
- 3.6 months

Female:
- 3.3 months

Male:
- 3.9 months

Frequent Visits:
- 3.9 months

High Cost:
- 4.8 months

Long Treatment
- 4.2 months

Sensitive to Meds:
- 3.1 months

Sensitive to Remedies:
- 2.9 months

Animal:
- 2.3 months

Human:
- 3.4 months

Polycrests:
- 2.9 months

Classical Only:
- 3.7 months

Complex Only:
- 2.4 months

Both Classical and Complex:
- 2.7 months

Cardiology
- 1.3 months

Dermatology
- 3.5 months
Endocrinology
  • 4.5 months
Gastrointestinal
  • 1.7 months
General Health
  • 3.3 months
Gynecology
  • 4.0 months
Immunology
  • 6.0 months
Infectious Disease
  • 1.3 months
Musculoskeletal
  • 2.4 months
Neurology
  • 4.0 months
Psychiatric
  • 4.3 months
Pulmonology
  • 5.7 months
Question #28: How much have you been able to reduce your previous medication or supplements as a consequence of homeopathic treatment as a %?

The average reduction was 72% (median 95). The response rate for this question was 67.0%.

Self Care Only:
- 74.2%

Constitutional Care Only:
- 71.7%

Female:
- 71.4%

Male:
- 74.0%

Frequent Visits:
- 66.3%

High Cost:
- 67.6%

Long Treatment
- 76.4%

Sensitive to Meds:
- 74.4%

Sensitive to Remedies:
- 73.0%

Animal:
- 88.7%

Human:
- 71.5%

Polycrests:
- 75.4%

Classical Only:
- 75.6%

Complex Only:
- 57.1%

Both Classical and Complex:
- 65.9%

Cardiology
- 65%
  **Dermatology**
  - 67.8%
  **Endocrinology**
  - 86.2%
  **Gastrointestinal**
  - 81.2%
  **General Health**
  - 68.3%
  **Gynecology**
  - 66.7%
  **Immunology**
  - 77.4%
  **Infectious Disease**
  - 78.1%
  **Musculoskeletal**
  - 74.0%
  **Neurology**
  - 78.6%
  **Psychiatric**
  - 66.3%
  **Pulmonology**
  - 74.7%

**Question #29:** If you have successfully reduced your medication, what has been the approximate cost savings in US dollars per month?

The average cost savings was $86.10 (median 50). 17% responded that they did not know. Many people reported that the cost savings would be much higher if they did not have insurance that paid for their medication. The overall response rate for this question was 75.6%.

**Self Care Only:**
- $53.54

**Constitutional Care Only:**
- $89.39

**Female:**
• $81.61

Male:
• $102.29

Frequent Visits:
• $94.06

High Cost:
• $115.00

Long Treatment
• $105.44

Sensitive to Meds:
• $101.97

Sensitive to Remedies:
• $84.89

Animal:
• $159.29

Human:
• $84.27

Polycrests:
• $85.77

Classical Only:
• $78.94

Complex Only:
• $114.23

Both Classical and Complex:
• $99.00

Cardiology
• $105.00

Dermatology
• $45.00

Endocrinology
• $70.00

Gastrointestinal
• $48.62

General Health
• $108.68

Gynecology
• $90.00

Immunology
• $71.43

Infectious Disease
• $71.75
Musculoskeletal
• $104.50
Neurology
• $44.32
Psychiatric
• $90.21
Pulmonology
• $91.00
Question #30: How important has homeopathy been in your overall healthcare?

The overall response rate for this question was 75.7%.

Total Responders
- Extremely important; 64.1%
- Very important; 22.2%
- Moderately important; 8.5%
- Mildly important; 3.0%
- Slightly important; 1.3%
- Not at all; .9%

Total Respondents
**Question #31: How much of a problem has antidoting been in treatment?**

The most common response was Not At All (34%). The response rate for this question was 73.2%.

**Total Respondents**
- Extremely high; 1.2%
- High; 4.0%
- Moderate; 15.4%
- Low; 23.6%
- Extremely low; 21.7%
- Not at all; 34%
Question #32: How much of a problem have side effects (aggravations) been in treatment?

The most common response was Not At All (34.4%). The response rate to this question was 74.6%.

Total Responders
- Extremely high; 2.2%
- High; 4.0%
- Moderate; 14.5%
- Low; 20.5%
- Extremely low; 24.5%
- Not at all; 34.4%

Total Respondents
Question #33: If you had a problem with side effects or aggravations, were the symptoms ones that you had previously experiences at some point earlier in your life or were they new symptoms for you?

The response rate to this question was 45.7%.

Total Responders
- Previous symptoms; 76.2%
- New symptoms; 23.8%

Total Responders (%)
Question #34: How compliant have you been in treatment?

The most common response was Extremely High (46.9%). The response rate for this question was 74%.

Total Responders
- Extremely high; 46.9%
- High; 37%
- Moderate; 12.9%
- Low; 1.3%
- Extremely low; .7%
- Not at all; 1.2%
Question #35: How well do you understand your homeopathic treatment and how homeopathy works?

The response rate for this question is 75.1%.

Total Responders
- Extremely high; 41.8%
- High; 31.8%
- Moderate; 22%
- Low; 2.7%
- Extremely low; .7%
- Not at all; 1%
**Question #36: What is the average cost per year for homeopathic treatment (excluding medicine) in US dollars?**

The average of the responses to this question was $580.78 (median $400). Enormous variability was noted to this question. The response rate for this question was 59.7%.

**Constitutional Care Only:**
- $599.37

**Female:**
- $584.80

**Male:**
- $568.14

**Frequent Visits:**
- $1034.17

**High Cost:**
- $1557.20

**Long Treatment**
- $566.25

**Sensitive to Meds:**
- $548.41

**Sensitive to Remedies:**
- $514.87

**Good Responders**
- $561.74

**Poor Responders**
- $647.00

**Animal:**
- $494.57

**Human:**
- $586.98

**Polycrests:**
- $563.13

**Classical Only:**
- $536.16

**Complex Only:**
- $1012.43

**Both Classical and Complex:**
• $618.80
**Cardiology**
  • $444.50
**Dermatology**
  • $443.12
**Endocrinology**
  • $601.33
**Gastrointestinal**
  • $512.43
**General Health**
  • $565.53
**Gynecology**
  • $509.86
**Immunology**
  • $596.33
**Infectious Disease**
  • $567.70
**Musculoskeletal**
  • $596.72
**Neurology**
  • $572.27
**Psychiatric**
  • $716.45
**Pulmonology**
  • $530.00
**Young:**
  • $548.75
**Elderly:**
  • $476.77
Question #37: What is the average cost per year for homeopathic medicine in US dollars?

The average response to this question was $115.36 (median 50). There was a large variance in answers to this question. Many people also responded that the cost of the medicine was included in the initial homeopathic visit. There was a 62.3% response rate to this question.

Self Care Only:
• $95.04

Constitutional Care Only:
• $116.05

Female:
• $105.47

Male:
• $154.72

Frequent Visits:
• $183.28

High Cost:
• $268.21

Long Treatment
• $98.78

Sensitive to Meds:
• $99.88

Sensitive to Remedies:
• $98.86

Animal:
• $77.35

Human:
• $115.77

Polycrests:
• $108.07

Good Responders
• $106.23

Poor Responders
• $137.88

Classical Only:
• $84.31
Complex Only:
- $465.97

Both Classical and Complex:
- $152.22

Cardiology
- $50.45

Dermatology
- $125.42

Endocrinology
- $177.73

Gastrointestinal
- $91.83

General Health
- $143.47

Gynecology
- $55.85

Immunology
- $91.95

Infectious Disease
- $107.29

Musculoskeletal
- $140.16

Neurology
- $105.16

Psychiatric
- $108.91

Pulmonology
- $102.63

Young:
- $186.20

Elderly:
- $78.64
Question #38: What do you like most about homeopathic treatment?

The most common response was relief from symptoms without side effects. The response rate for this question was 71.8%.

Total Responders

- Works (short and long term results, effective, offers cure, dependability, high success rate, efficacy, works when traditional medicine has failed): 25.4%
- Safe (gentle, minimal or no side effects, safety, removes or reduces need for conventional medications, can use in pregnancy and on infants, non-toxic, non-invasive): 25.1%
- Holistic (addresses mental and emotional issues, the chance to explore myself through the interview, affects the whole person, opportunity to share all of my symptoms, works with the universe at large): 7.9%
- Natural (allowing body to do its own work, triggers the body's natural healing mechanism, works with the body, energy medicine): 7.1%
- My Practitioner (caring, responsive, communication, personal relationship, treats me with respect, trust, quality care, compassionate, truly listens): 5.5%
- Simplicity (Easy, easy to take, easy to do, single dose, user friendly): 4.6%
- Deep Healing (works deeply and not just on the symptom, cure from within, permanent cure, finding root cause, transformation, long term effects, works profoundly): 4.3%
- Fast (Immediate results, Quick Acting): 3.4%
- Promoting Wellness (healthier overall, don't get sick anymore, well being): 3.2%
- Inexpensive: 2.9%
- Other (fun, how homeopathy works, learn about self, new paradigm, keeps you aware of what the body is saying, classical method, the intrigue, elegance, helps me be me): 1.9%
- Individualized (personalized, specificity): 1.4%
- Non-Suppressive: 1.3%
- Family Acutes, First Aid (self treatment): 1.2%
- Philosophy (sensible, logical, interesting, direct, makes sense,
direction is clear): 1.1%

- Empowered (active participant, I am heard, I stay in control of my health): 1.0%
- Everything: .6%
- Thoroughness (length of appointments, works for a long time): .4%
- Freedom: .4%
- Tastes Good: .4%
- Convenience: .3%
Question #39: What do you like least about your homeopathic treatment?

The most common response was the slow pace of healing (16.6%). The response rate to this question was 64.3%.

Total Responders

- Slower Pace (Requires Patience, Takes time, Trial and error, The process is time consuming, Too imprecise): 16.6%
- None: 16%
- Cost (Not covered by insurance, Initial cost): 13.3%
- It's hard work (have to keep track of symptoms, hard to find exact remedy and potency, trial and error): 7.7%
- Distance to travel to homeopath (not enough homeopathic practitioners, no one available, difficulty finding practitioners, not enough real homeopaths-so many are just doing it on the side): 7.3%
- Side Effects (Aggravations, Provings, Return of old symptoms): 6.2%
- Not 100% effective (doesn't work for everything, failed treatment): 6.0%
- Understanding how it works (can’t explain in conventional terms to others, dealing with the naysayers, Not well recognized, I hate how allopathic doctors cut it down, mysterious, not knowing how it works, not being used by others, trying to get others to try it, not accepted by insurance companies, that it’s totally foreign to others): 4.3%
- Antidoting (Avoiding antidotal substances, Avoiding things I like, Interference by radiation is not being recognized): 4.0%
- Unskilled practitioners (Delays in waiting for office visits, Difficulty reaching someone for emergencies, Need more understanding, Not sure when I need more, practitioner quirks, practitioners who are not committed and refer you to the old school, my practitioner is a naturopath and does not devote enough time to homeopathy, very difficult to find a skilled practitioner): 3.0%
- Uncertainty if remedy is working (Cures without noticing the disappearance of symptoms): 2.4%
- Compliance (Dosing, Having to time the doses around food): 2.4%
• Other (Not strong enough, Having to talk about personal things, Being filmed, Variability of opinion among professionals, Would like to have a doctor, High potency dry dose prescribing, non mainstream treatment, my wife bugging me to pursue more treatment, taste, art and science of the discipline), it could not fix my marriage, concern for acute symptoms by my homeopath): 1.9%
• Subtle (sense of isolation from secure knowledge): 1.7%
• Complexity: 1.7%
• Can’t do it myself (Not knowing when to repeat): 1.4%
• Finding information about the remedies (understanding miasms): 1.0%
• Difficult to obtain remedies (difficult when traveling, difficulty ordering): 1%
• Difficulty in describing symptoms: .7%
• Long Interviews: .7%
• Can’t take liquids on planes: .4%
• Having to be so personal: .4%
• Opening containers: .2%
• Non-suppressive (have to deal with feelings that were previously suppressed with medication): .2%
• Not having a traditional exam: .1%
• The weird questions: .1%
• New way of thinking: 1=.1%
• Difficulty in emergencies: 1=.1%
Question #40: Anything else you would like to share about your homeopathic treatment?

The response rate for this question was 45.5%. The results are described in Appendix C.
Discussion and Analysis

Overview

We embarked on this project with a plan to study the nature of the current homeopathic profession. It was our hope that this study would help the homeopathic community to better assess its strengths and weaknesses and to better plan its future course. We felt that this was an essential step to help grow the homeopathic profession. There has been no previous attempt to date to study the nature of the homeopathic profession.

Ultimately we discovered many things that were suspected in the homeopathic community but never documented. In addition there were some surprising results, which are described below.

We were excited about the high level of participation in this study. This was represented by organizational support (nearly all the homeopathic organizations in the United States participated) and individual participation (approximately 1200 responders). The large number of responders improves the accuracy of the results and permits a more extensive analysis of the data.

Our hope is to repeat this study approximately every seven years and that this study will serve as a baseline of comparison.

Demographics

Age

The average age of homeopathic patient respondents was 47.8 years. When animals were excluded this was 48.8 years. Males were younger (41.9 years) and women were older (49.3 years). The average animal age was 11.1 years. Those engaging in self care only tended to be older (51 years). Those that responded poorly to homeopathic treatment tended to be younger (45.6 years). Those patients who visited their homeopathic practitioner more frequently tended to be younger (45.7 years).

Sex

81.1% of total respondents were female. This was lower in animals (61.1%) and poor responders to homeopathic treatment (73.9%). This was also lower in homeopathic patients that sought complex homeopathic treatment (77.3%). Women were also noted to more often
be sensitive to conventional medications (86.2%) and to homeopathic medicines (84.9%).

**Ethnicity**
88% of patient respondents were Caucasian. This did not vary significantly by subpopulation.

**Species**
3.3% of respondents concerned animals. This was higher for self-care only (4.5%), and complex homeopathic treatment (6%)

**Location**
Respondents were from all 50 states in the country. Most well represented were:

- California: 18.1%
- Pennsylvania: 10.6%
- Massachusetts 8.4%
- New York: 4.5%
- Ohio: 4.4%
- Florida: 4.2%

**Marital Status**
63% of the patient respondents were married. This was significantly reduced in those individuals seeking complex homeopathic treatment (50.8%). It was also reduced in those individuals who responded poorly to homeopathic treatment (56.6%).

**Occupation**
Occupation of homeopathic patients varied greatly. Most well represented were:

- Health Care Providers: 21.5%
- Business: 14.7%
- Retired: 12%
- Education: 8%
- Homemaker: 4.4%
- Clerical: 3.9%
- Child: 3.6%
Highest Level of Education
Homeopathic patients tend to be well educated. Most commonly they have a bachelor’s level of education. The breakdown is as follows:

- High School: 12.4%
- Bachelor’s: 31.8%
- Master’s: 25.1%
- High School: 12.4%
- Doctoral: 11.8%

Sensitivity to Conventional Meds
A common reason for patients to seek out homeopathic treatment is sensitivity to conventional medications (see #39). Most patients described themselves as at least moderately sensitive.

- Extremely: 12.6%
- Significantly: 26.2%
- Moderately: 33.6%
- Little: 12%
- Very little: 9.1%
- Not At All: 6.4%

Sensitivity to Homeopathic Meds
Patients who were sensitive to conventional medications were also more sensitive to homeopathic medications.

- Extremely: 12.6%
- Significantly: 26.2%
- Moderately: 33.6%
- Little: 12%
- Very little: 9.1%
- Not At All: 6.4%

Nature of Current Homeopathic Treatment

Nature of Treatment
Most of the patient respondents were engaged in constitutional homeopathic care (87.6%). This was higher in classical homeopathic treatment (90.7%) and lower in complex homeopathic treatment (81.5%).
Length of Time in Homeopathic Treatment

The average was 8.5 years and the median was 5 years. The average for those doing self-care only was longer (12.5 years). The average for those doing complex homeopathic treatment was significantly lower (4.7 years). The average for those who visited their practitioner more frequent was lower (5.3 years). The average for those whose treatment was more expensive was lower (7.0 years). The average for animals was significantly shorter (4.6 years). The average for poor responders was significantly lower (5.8 years). The average for elderly patients was significantly longer (14.5 years).

Frequency of Visits to Homeopathic Practitioner

The average frequency of visits to the homeopathic practitioner was 3.8 months (median 3 months). This was more frequent for those pursuing complex homeopathic treatment (3 months) and for those who were young (3.1 months). It was less frequent for the elderly (4.7 months).

Type of Treatment

The majority of patient respondents received classical homeopathic treatment.

- Classical Only: 70.6%
- Complex Only: 6.3%
- Classical and Complex: 23.1%

Classical homeopathic treatment was less common in those doing self care only (56%). It was more common in men (73.6%) than women (69.5%). Classical homeopathic treatment was more common in poor responders (75%) and in animals (74.3%). It was significantly less common in the elderly (55.5%).

Nature of Last Remedy Taken

25% of patient respondents did not know the name or strength of the last homeopathic medicine taken. Nearly 50% of the homeopathic medicines taken were one of 17 polycrest remedies (see below):

- Natrum muriaticum: 4.9%
- Phosphorous: 4.8%
• Sulphur: 4.2%
• Pulsatilla: 3.9%
• Sepia: 3.8%
• Arnica Montana: 3.6%
• Calcarea carbonica: 3.6%
• Rhus tox: 2.8%
• Silica: 2.6%
• Nux vomica: 2.5%
• Lycopodium: 2.2%
• Arsenicum album: 2.0%
• Lachesis: 1.9%
• Ignatia: 1.7%
• Aurum metallicum: 1.5%
• Staphysagria: 1.5%
• Thuja: 1.5%
• Other: 51%

The most common potency was 200C (27.6%), although 30C (22.3%) and 1M (23.9%) were nearly as common. LM’s comprised nearly 10% of all remedy prescriptions. Interestingly, 6C (4%) was more commonly prescribed than 12C (2%).

Reason that Sought Treatment
The most common response to this question was general health (25%). Psychiatric (15.4%), musculoskeletal (9.7%) and infectious disease (8.0%) were also strong.

Learning About Homeopathy
The most common response for this question was treatment of friends and family (39.5%). This speaks to the importance of spreading the word about homeopathic medicine through word of mouth.
Finding Practitioner
The most common response was referral by a friend (38.4%). This speaks to the importance of marketing one’s practice by providing effective quality care.

- Advertising: 1.3%
- Internet: 7.0%
- Not Applicable (self treatment): 7.4%
- Phone Book: 2.6%
- Other: 7.2%
- Practitioner Listing: 5.7%
- Public Talk/Class: 6.5%
- Reading Book or Article: 1.2%
- Referral by a Family Member: 11.4%
- Referral by a Friend: 38.4%
- Referral by a Health Care Provider: 11.4%

Payment for Treatment
A significant majority of patients pay for treatment out of pocket (84.2%).

- Barter: .6%
- Not applicable (free or self treatment): 7.6%
- Insurance 7.6%
- Out of Pocket: 84.2%

Past Treatment

Past Conventional Treatment
There was a wide range in response to this question. However, the most common response to this question was not at all (25.3%).

- Extensively 15.3%
- Significantly; 17.4%
- Moderately 18.3%
- Little 10.8%
- Very little; 10.6%
- Not at all; 27.6%
Past Conventional Treatment Success
The most common response was No Improvement (34.3%). Very few patients noted significant improvement. This speaks to the lack of success in conventional treatment as being an important factor in seeking homeopathic treatment.

- Extremely improved; 2.5%
- Highly improved; 7.2%
- Moderately improved; 18.0%
- Little improved; 19.3%
- Very little improved; 18.7%
- No improvement; 34.3%

Past Alternative Treatment
The most common response to this question was Not At All (41.9%). This was somewhat surprising. Nearly 2/3 of patient respondents had had very little exposure to alternative medicine treatment before seeking homeopathic treatment. This indicates that homeopathic medicine is often the first portal in seeking alternative treatment.

- Extensively 3.7%
- Significantly; 11.2%
- Moderately; 21.3%
- Little; 12.7%
- Very little; 9.2%
- Not at all; 41.9%

Past Alternative Treatment Success
The most common response to this question was Moderate (29.2%). Most homeopathic patient respondents who sought alternative care before homeopathy had benefit from that treatment, but found it did not produce the necessary or desired results.

- Extremely improved; 6.6%
- Highly improved; 10.3%
- Moderately Improved: 29.2%
- Little improved; 21.1%
- Very little improved; 12.4%
- No improvement; 20.4%
Past Homeopathic Treatment

The most common response to this question was Not At All (57.2%). The majority of homeopathic patient respondents had not sought previous homeopathic care. This is important to note. The majority of homeopathic patients do not change homeopathic practitioners over time and either continue with the same practitioner or leave homeopathic medicine altogether.

Total Respondents

- Extensively; 5.7%; 55
- Significantly; 13%; 126
- Moderately; 12.9%; 125
- Little; 7.2%; 70
- Very little; 3.9%; 38
- Not at all; 57.2%

Past Homeopathic Treatment Success

There was a wide distribution in responses to this question. The most common response was No Improvement (24.1%), although a majority of respondents had at least moderately improved in treatment. Presumably patients transfer from one homeopath to another because of either lack of success in treatment or because their homeopathic practitioner is no longer able to treat them (retirement, moving out of state etc.).

- Extremely improved; 13.5%
- Highly improved; 21.1%
- Moderately improved; 23.4%
- Little improved; 10.6%
- Very little improved; 7.3%
- No improvement; 24.1%

Current Homeopathic Treatment

Treatment Success

The overall treatment success average was 78.9%. Interestingly, all of the subcategories did not produce as high of a success rate as the overall treatment success. Presumably the composite of success in a variety of areas creates an added feeling of overall treatment success.
The improvement in energy was the weakest of treatment results (66.1%). Not everyone who presents for homeopathic treatment has a perceived energy problem. The highest subcategory success rates were found in the chief complaint (75.8%) and improvement in self awareness (75.9%), although a number of respondents reported difficulty in understanding the self awareness question. This question also had limited utility in terms of the treatment of animals and children.

- Overall treatment success; 78.9%; Median=85
- Improvement in main complaint; 75.8%; Median=85
- Improvement in mental and emotional symptoms; 73.8%; Median=80
- Improvement in physical symptoms; 73.5%; Median=80
- Improvement in general well being; 74.9%; Median=80
- Improvement in energy; 66.1%; Median=75
- Improvement in self awareness; 75.9%; Median=90

Please see below for a table of the breakdown of factors that influence treatment success. Patients who get better results include women, married patients, patients who are sensitive to conventional drugs, patients who are sensitive to homeopathic medicines, patients who stay in treatment for longer periods of time, patients with gynecological chief complaints, patients with an immunological chief complaint and patients with an infectious disease chief complaint. Patients who get worse results include men, younger patients (<18 years old), single patients, patients pursuing complex homeopathic treatment, those who pay more for treatment, those who had frequent antidoting, those who had strong side effects and patients with an endocrinological chief complaint.

The high overall success rates are an argument that homeopathic treatment is far more than placebo. Placebo response rates typically range from 30-40% success rates. A 79% overall success rate is not consistent with placebo treatment.

Some of these results were surprising. **Women** often respond better to treatment in all forms of healthcare and this was no surprise. Men often drop of treatment earlier and are less compliant with treatment in all forms of healthcare. One could also argue that **married patients** are more stable and able to stay the course better in homeopathic treatment.
What was more surprising was that children did not get as good results. Conventional wisdom in homeopathy is that children are often easier to treat and get better results. These finding seem to contradict that. It is certainly more difficult to interview young children and prescriptions are often more polycrest based, however the strength of the vital force in children is often thought to compensate for that.

Patient sensitivity is an interesting finding as well. Conventional wisdom is that this makes successful treatment more difficult. However, it is possible that patient sensitivity may also broaden the response of a patient to potential remedies that are not the similimum but are merely similar.

Clearly spending a lot of money on homeopathic treatment is not an indicator of success in treatment. If anything, it is the opposite. The most skilled homeopathic practitioners are not necessarily the ones that charge the most.

Those individuals who had previously had success in homeopathic treatment had a slightly higher success rate. However those who had previously not responded to homeopathic treatment had an average success rate when treated by a new homeopathic practitioner. This argues for the importance of referral of cases that are not responding to treatment and helps to dispel the myth that if a patient does not respond well to one practitioner, that they will not respond well to another.

Not unsurprisingly, low compliance with treatment reduced success rate in treatment (70.6%). What is interesting is how good the success rate was, despite the low compliance with treatment. Patient compliance may not be as important of a factor in homeopathic treatment as it is in conventional medicine.

Having a good understanding of how homeopathic works improves success rates in treatment (81%). Having little understanding of homeopathic treatment works reduces success rates in treatment (71%). This may have something to do with compliance.

Lastly and perhaps most controversial were the findings in regards to complex homeopathic treatment vs. classical homeopathic treatment. Patients perceived that the classical homeopathic treatment was more
effective, although the significance of the difference was not very robust. Both forms of treatment were clearly effective. Please note that this does not necessarily argue that one form of treatment is more effective than another, it only argues about patient perceptions of treatment results. Also note below that patients who were treated with complex homeopathy responded more quickly to treatment than did those patients pursuing classical homeopathy.

**Length in Treatment Before Success**

The average response rate was 3.4 months (median 1 month). Males tended to take longer to see results (4 months) and those who were charged more for treatment (4.8 months). Animals tended to take less time to respond to treatment (2.3 months) and those who are sensitive to homeopathic remedies (2.9 months). Patients who were treated with complex homeopathy tended to respond more quickly (2.4 months) than those treated with classical homeopathy. Of the various chief complaints, gastrointestinal (1.7 months), cardiological (1.3 months), infectious disease (1.3 months) and musculoskeletal complaints tended to respond the fastest. Endocrinological (4.5 months), immunological (6.0 months), psychiatric (4.3 months) and pulmonological complaints tended to respond the slowest.

**Success in Reducing Medication**

The average reduction was 72% (median 95%). This was less for those patients who had frequent visits to their practitioner (66.3%), patients treated with complex homeopathy (57.1%) and those whose treatment was more expensive (67.6%). It was higher for those who had been in treatment for a long time (76.4%) and for patients who were animals (88.7%). Patients with a chief complaint that was endocrinological (86.2%), gastrointestinal (81.2%) and neurological (78.6%) had the greatest success in reducing their medication. Patients with a chief complaint of general health (68.3%), cardiological (65%), gynecological (66.7%), and psychiatric (66.3%) had the least success in reducing their medications.

**Cost Savings of Medication Reduction/Month**

The average cost savings was $86.10/month (median 50). Many of the patient respondents reported that the cost savings would be much higher if they did not have insurance that paid for their medication. The cost savings was lower for patients who did self care only ($53.54), for
those with a chief complain that was dermatological, neurological or gastrointestinal, and for those who did classical homeopathy ($78.94). The cost savings was higher for males ($102.29), for animals ($159.29), for those who had been in treatment for a long period of time ($105.44), those who are sensitive to conventional medication ($101.97), for those with a chief complaint of general health, cardiological or musculoskeletal, and for those who did complex homeopathy ($114.23).

**Importance of Homeopathy in Your Overall Healthcare**

The most common response was extremely important (64.1%).

- Extremely important; 64.1%
- Very important; 22.2%
- Moderately important; 8.5%
- Mildly important; 3.0%
- Slightly important; 1.3%
- Not at all; .9%

**Antidoting**

The most common response was Not At All (34%). Those with higher antidote rates had less success in treatment (see above).

- Extremely high; 1.2%
- High; 4.0%
- Moderate; 15.4%
- Low; 23.6%
- Extremely low; 21.7%
- Not at all; 34%

**Side Effects**

The most common response was Not At All (34.4%).

- Extremely high; 2.2%
- High; 4.0%
- Moderate; 14.5%
- Low; 20.5%
- Extremely low; 24.5%
- Not at all; 34.4%

**New Symptoms vs. Return of Old Symptoms**
The majority of side effects to treatment represented a return of old symptoms (76%). However, nearly one quarter of side effects to treatment represented new symptoms (24%). These may have been old symptoms that were not identified as a return of old symptoms or may have been proving symptoms of homeopathic treatment. This was a surprising result.

**Compliance**

The most common response was Extremely High (46.9%). This indicates that compliance for treatment is generally higher in homeopathic medicine than in conventional medicine.

- Extremely high; 46.9%
- High; 37%
- Moderate; 12.9%
- Low; 1.3%
- Extremely low; .7%
- Not at all; 1.2%

**Understanding Treatment**

Most homeopathic patients indicated that they understood the nature of homeopathic treatment. Those that indicated a high understanding had better success rates in treatment and those that indicated a low understanding have worse success rates.

- Extremely high; 41.8%
- High; 31.8%
- Moderate; 22%
- Low; 2.7%
- Extremely low; .7%
- Not at all; 1%

**Cost of Treatment**

The average of the responses to this question was $580.78/year (median $400). Enormous variability was noted to this question. The cost was lower for the treatment of animals ($494.57). The cost was lower for those patients being treated with classical homeopathy ($536.16) and higher for those being treated with complex homeopathy ($1012.43). It was also higher for those being treated with both complex and classical homeopathy ($618.80). The cost of treatment did
vary with the condition being treated. Cardiological ($444.50),
Dermatological ($443.12) and gastrointestinal ($512.43) and
pulmonological ($530) were less expensive. Endocrinological ($601.33)
and psychiatric ($716.45) were more expensive. Interestingly, treatment
of the elderly was also less expensive ($476.77).

Cost of Medicine
The average response to this question was $115.36 (median 50).
Those doing self care only paid less ($95.04). Interestingly, women
($105.47) reported paying significantly less than men ($154.72). Those
who visited their practitioner more frequently had a much higher cost for
medication ($183.28). This reflects the tendency when seeing a
practitioner more frequently to prescribe more. Those patients who had
been in treatment for a long time tended to pay less ($98.78). Those
patients who were sensitive to either conventional medication ($99.88)
or to homeopathic medication ($98.86) also tended to pay less. Animal
patients tended to pay less ($77.35). Those patients who responded
poorly to treatment tended to pay more ($137.88). Classical
homeopathic treatment was less expensive ($84.31) and complex
homeopathic treatment was significantly more expensive ($465.97).
Those patients with a chief complaint that was cardiological ($50.45),
gynecological ($55.85), gastrointestinal ($91.83), immunological
($91.95) tended to pay less. Those patients with a chief complaint that
was dermatological ($125.42), endocrinological ($177.73) or
musculoskeletal ($140.16) tended to pay more. The cost of homeopathic
medicine for the young was higher ($186.20) and lower for the elderly
($78.64).

Like Best About Treatment
The most common responses to this fill in the blank type questions,
were that homeopathy works (25.4%), that it is safe (25.1%), that it is
holistic (7.9%) and natural (7.1%). A careful study of the responses to
this question provide a good guide for the best methods to market
homeopathic medicine. See below for a chart of responses that were
made comparing patient respondent views of conventional vs.
homeopathic medicine.

Like Least About Treatment
The most common response was the slow pace of healing (16.6%).
Other common responses were liking everything about treatment (16%),
high cost (13.3%), that it is hard work (7.7%), distance to travel to see their homeopath=no enough homeopathic practitioners (7.3%), and side effects to treatment (6.2%).

The issue of the slow pace of healing is interesting. Some patient respondents claimed that what they like best about homeopathic treatment was the fast pace of healing in the previous question. However, the idea of the relative slowness of treatment is typical of the quick fix mentality that is prevalent in western culture.

Cost was a significant factor for many patients. There were many responses indicating that they wished that their insurance covered the cost of homeopathic treatment.

Although difficult to measure, this survey indicates insufficient numbers of homeopathic practitioners in the United States. 8% of the homeopathic patient respondents indicated that a scarcity of homeopathic practitioners was their primary complaint about homeopathic treatment. Many of the homeopathic patient respondents complained about traveling long distances to see their homeopathic practitioner. Scarcity of practitioners was particularly noted in the North East Region.

**Comparing This Data to Other Studies**

There have been few other studies that have evaluated homeopathic practice. One of the best was published in Homeopathy (2004); Wassenhove and Ives; 93, 3-11. In this study our of Belgium, 782 patients were studied in outpatient settings. Of these patients, one or more conventional drug treatments were discontinued in over half (52%) of the patients. Prescription costs were one third of the general practice average. Patient satisfaction with their homeopathic treatment was very high (95% fairly or very satisfied) and ratings of previous conventional treatments were much lower (20%). The great majority (89%) said that homeopathy had improved their physical condition. Two thirds of the patients were female.

A similar study was made by Witt, Keil et al. (Complementary Therapies in Medicine; 2005; 13; 79-86). This study evaluated 493 patients and demonstrated greater improvement in homeopathic treatment than in conventional treatment. Overall costs showed no significant difference in both treatment groups.
# Parameters That Effect Results in Homeopathic Treatment

<table>
<thead>
<tr>
<th>Parameter</th>
<th>Result</th>
</tr>
</thead>
<tbody>
<tr>
<td>Sex</td>
<td>Women get better results then men</td>
</tr>
<tr>
<td>Age</td>
<td>Younger patients do not respond as well to treatment; elderly patients show an average response</td>
</tr>
<tr>
<td>Species</td>
<td>Animals show the same response rate as humans</td>
</tr>
<tr>
<td>Marital Status</td>
<td>Married Patients Get Better Results</td>
</tr>
<tr>
<td>Educational Level</td>
<td>Average Response Rate</td>
</tr>
<tr>
<td>Sensitivity to Conventional Medication</td>
<td>Slightly Improved Response Rate</td>
</tr>
<tr>
<td>Sensitivity to Homeopathic Medication</td>
<td>Slightly Improved Response Rate</td>
</tr>
<tr>
<td>Classical Homeopathy</td>
<td>Average Response Rate</td>
</tr>
<tr>
<td>Complex Homeopathy</td>
<td>Slightly Reduced Response Rate</td>
</tr>
<tr>
<td>Combined Classical and Complex</td>
<td>Average Response Rate</td>
</tr>
<tr>
<td>Long Length of Treatment</td>
<td>Slightly Improved Response Rate</td>
</tr>
<tr>
<td>Frequent Visits to Practitioner</td>
<td>Average Response Rate</td>
</tr>
<tr>
<td>Past Treatment Responders</td>
<td>Slightly Improved Response Rate</td>
</tr>
<tr>
<td>Past Treatment Failures</td>
<td>Average Response Rate</td>
</tr>
<tr>
<td>High Cost</td>
<td>Reduced Response Rate</td>
</tr>
<tr>
<td>Cardiology, Dermatology, Gastrointestinal, Musculoskeletal, Neurological, Psychiatric, Pulmonary chief complaint</td>
<td>Average Response Rate</td>
</tr>
<tr>
<td>Endocrinology chief complaint</td>
<td>Reduced response rate</td>
</tr>
<tr>
<td>Gynecology, Immunology, Infectious Disease, chief complaint</td>
<td>Improved Response Rate</td>
</tr>
<tr>
<td>Polycrest Prescriptions</td>
<td>Average Response Rate</td>
</tr>
<tr>
<td>Frequent Antidoting</td>
<td>Reduced Response Rate</td>
</tr>
<tr>
<td>Strong Side Effects</td>
<td>Reduced Response Rate</td>
</tr>
<tr>
<td>Low Compliance With Treatment</td>
<td>Reduced Response Rate</td>
</tr>
<tr>
<td>Understanding How Homeopathy Works</td>
<td>Improved Response Rate</td>
</tr>
</tbody>
</table>
Comparison Table of Homeopathic Medicine and Conventional Medicine as Perceived By Homeopathic Patients

<table>
<thead>
<tr>
<th>Description</th>
<th>Homeopathic Medicine</th>
<th>Conventional Medicine</th>
</tr>
</thead>
<tbody>
<tr>
<td>Cost (Treatment)</td>
<td>Less Expensive</td>
<td>More expensive</td>
</tr>
<tr>
<td>Cost (Medication)</td>
<td>Less Expensive</td>
<td>More Expensive</td>
</tr>
<tr>
<td>Efficacy</td>
<td>More Effective</td>
<td>Less Effective</td>
</tr>
<tr>
<td>Direction of Cure</td>
<td>Holistic</td>
<td>Suppressive</td>
</tr>
<tr>
<td>Nature of Treatment</td>
<td>Natural</td>
<td>Artificial</td>
</tr>
<tr>
<td>Style of Treatment</td>
<td>Simple</td>
<td>Complex</td>
</tr>
<tr>
<td>Practitioner Communication</td>
<td>Caring and Trust</td>
<td>Not Heard</td>
</tr>
<tr>
<td>Focus of Treatment</td>
<td>Wellness Focused</td>
<td>Disease Focused</td>
</tr>
<tr>
<td>Relationship with Practitioner</td>
<td>Empowered</td>
<td>Dependent</td>
</tr>
<tr>
<td>Self Treatment</td>
<td>Yes</td>
<td>No</td>
</tr>
<tr>
<td>Philosophy</td>
<td>Yes</td>
<td>No</td>
</tr>
<tr>
<td>Pace of Healing</td>
<td>Slower</td>
<td>Faster</td>
</tr>
<tr>
<td>Safety</td>
<td>Gentle</td>
<td>Harsh</td>
</tr>
<tr>
<td>Effects of Treatment</td>
<td>Deep</td>
<td>Superficial</td>
</tr>
<tr>
<td>Availability of Practitioners</td>
<td>Poor</td>
<td>Good</td>
</tr>
<tr>
<td>Difficulty to Practice</td>
<td>Harder</td>
<td>Easier</td>
</tr>
<tr>
<td>Patient Understanding of Treatment</td>
<td>Harder</td>
<td>Easier</td>
</tr>
<tr>
<td>Compliance</td>
<td>Better</td>
<td>Worse</td>
</tr>
<tr>
<td>Interview</td>
<td>Time Intensive</td>
<td>Brief</td>
</tr>
<tr>
<td>Focus of Interview</td>
<td>Totality Focused</td>
<td>Diagnostic Focus</td>
</tr>
<tr>
<td>Patient Loyalty</td>
<td>Higher</td>
<td>Lower</td>
</tr>
<tr>
<td>Patient Sensitivity</td>
<td>Higher</td>
<td>Lower</td>
</tr>
<tr>
<td>Formulary</td>
<td>Larger</td>
<td>Smaller</td>
</tr>
<tr>
<td>Payment for Tx</td>
<td>Out of Pocket</td>
<td>Insurance</td>
</tr>
<tr>
<td>Patient Level of Education</td>
<td>Higher</td>
<td>Lower</td>
</tr>
<tr>
<td>Sex</td>
<td>More Women</td>
<td>More Even Distribution</td>
</tr>
<tr>
<td>Ethnicity</td>
<td>More Caucasian</td>
<td>More Even Distribution</td>
</tr>
<tr>
<td>Ages</td>
<td>All</td>
<td>All</td>
</tr>
<tr>
<td>Other Patient Populations</td>
<td>Animals and Plants</td>
<td>Animals</td>
</tr>
</tbody>
</table>
**Comparison Table of Classical Homeopathic, Complex Homeopathic and Combined Classical and Complex Homeopathic Forms of Treatment**

<table>
<thead>
<tr>
<th></th>
<th>Classical Only</th>
<th>Complex Only</th>
<th>Classical and Complex</th>
</tr>
</thead>
<tbody>
<tr>
<td>Cost of treatment</td>
<td>Lower</td>
<td>Higher</td>
<td>Average</td>
</tr>
<tr>
<td>Cost of medication</td>
<td>Lower</td>
<td>Higher</td>
<td>Average</td>
</tr>
<tr>
<td>Overall patient reported success rates</td>
<td>Average</td>
<td>Lower</td>
<td>Average</td>
</tr>
<tr>
<td>Elderly success rates</td>
<td>Average</td>
<td>Higher</td>
<td>Average</td>
</tr>
<tr>
<td>Self Care success rates</td>
<td>Higher</td>
<td>Average</td>
<td>Average</td>
</tr>
</tbody>
</table>
Dispelling Some Common Myths About Homeopathic Practice

Myth #1. Homeopathic treatment is due to the effects of placebo.

Response: With an overall 80% success rate of practice across the board, this argues strongly that homeopathic treatment is more than just placebo. We would expect only a 30-40% response rate if the success in homeopathic treatment was due to placebo alone.

Myth #2: Homeopaths treat mostly functional or psychiatric conditions.

Response: This study indicates that homeopathy treats a wide variety of conditions successfully from mild to severe pathology with good success.

Myth #3: There are a sufficient number of homeopathic practitioners in the United States.

Response: A common source of complaint regarding homeopathic treatment reflected insufficient numbers of homeopathic practitioners. Patients complained of having difficulty finding local practitioners and having to travel to far to find one. This was particularly a problem in rural settings.

Myth #4: Homeopathic patients reflect the typical diversity of the US population.

Response: We found that there we many populations that were underserved by homeopathic medicine. These included:

- Low income populations
- Hispanic community
- African American community
- Naïve American community
- Elderly

Myth #5: Success rates are the same for all homeopathic conditions.
Response: We found that certain conditions had better success rates and other conditions had worse success rates.

Myth #6: Children have better success rates than adults.
Response: We found that children had a worse success rate than adults.

Myth #7: Elderly patients have worse success rates than adults.
Response: We found that elderly patients had better success rates than adults.

Myth #8: Homeopathic treatment is too expensive.
Response: This was a major complaint of homeopathic patients in the survey. However the average cost of homeopathic treatment annually was only $580.78 per year. The average cost savings of the reduction in conventional medication and supplements was $1033.20 per year. This makes for a net cost savings of $452.42 per year.

Myth #9: Homeopathic treatment is equally effective regardless of the modality of treatment.
Response: We found in this study that patient reported success was higher for classical homeopathic treatment than for complex homeopathic treatment.

Myth #10: What patients like least about treatment is the lack of treatment success.
Response: This was not found to be true. The strongest response to the question of what patients liked least about homeopathic treatment was the slow pace of healing.

Myth #11: Patient compliance in homeopathic treatment has a significant effect of success in treatment.
Response: This was not found to be the case.
Myth #12: Side effects to homeopathic treatment where new symptoms develop (not return of old symptoms) are seldom seen in treatment.

Response: 25% of all side effects to treatment reported by homeopathic patients were new symptoms.
Recommendations

1. The homeopathic community needs to train more homeopathic practitioners.
2. The homeopathic community needs to reach out to more diverse ethnic groups for treatment.
3. The homeopathic community needs to find better ways of reaching men in homeopathic treatment.
4. Further research needs to be done on comparing the efficacy of complex vs. classical homeopathic treatments.
5. Further research needs to be done comparing the results of this survey to other alternative medicine fields within the United States.
6. Further research needs to be done comparing the results of this survey to international homeopathic studies.
7. Further research needs to be done comparing the efficacy of hahnemannian methods vs. more modern methods of prescribing.
8. The homeopathic community should seek out methods to improve affordability for its patients.
9. Research needs to be done on reevaluating the potential for homeopathic treatment to cause side effects (other than a return of old symptoms).
10. The homeopathic community needs to do a better job in educating its patients about how homeopathic medicine works.
11. The homeopathic community should develop better marketing strategies that reflect the needs of their patients.
12. This survey should be repeated every 5-7 years.
Appendix A: National Homeopathic Patient Survey

1. Demographics
   Age: ____________ Sex: ○ Male ○ Female Ethnicity: ○ African American ○ Hispanic ○ Asian ○ Caucasian ○ Native American ○ Other
   Species: ○ Human ○ Animal
   Location (State or Province): ____________ Marital Status ○ Married ○ Single Occupation ○ None ○ ____________
   Highest Level of Education Achieved:
   ○ High School ○ Associates Degree ○ Bachelor’s Degree ○ Master’s Degree ○ Doctoral Level ○ Other ____________
   How sensitive are you to homeopathic or conventional medications?
   ○ Extremely ○ Significantly ○ Moderately ○ Little ○ Very Little ○ Not At All

2. Nature of Homeopathic Treatment
   Check all that apply.
   ○ Self Care Only
Homeopathic Treatment By Homeopathic Pract. (now or in past)
Length of time in homeopathic treatment (years) ________________
Frequency of Visits (weeks): ________________________________

Type of Treatment:
○ Classical
○ Complex

How did you learn about homeopathy?
○ Treatment of Self
○ Treatment of Friends or family
○ Study Group
○ Public Talk
○ Reading a Book or Article
○ Internet
○ Other___________________

How do you pay for treatment?
○ Insurance
○ Out of Pocket
○ Other___________________
○ Not Applicable (self treatment)

How did you learn about your current homeopathic practitioner?
○ Referral from another practitioner
○ Referral from friends or family
○ Internet
○ Phone Book
○ Public Talk
○ Other
○ Not Applicable (self treatment)

3. Past Treatment

Was your condition previously treated with conventional medicine?
○ Extensively
○ Significantly
○ Moderately
○ Little
○ Very Little
○ Not At All
What was the response to this treatment?
  - Extremely High
  - High
  - Moderate
  - Low
  - Extremely Low
  - Not At All

Was your condition previously treated with alternative medicine (other than homeopathy)?
  - Extensively
  - Significantly
  - Moderately
  - Little
  - Very Little
  - Not At All

What was the response to this treatment?
  - Extremely High
  - High
  - Moderate
  - Low
  - Extremely Low
  - Not At All

Was your condition previously treated with homeopathic medicine (other than your current practitioner or current self treatment)?
  - Extensively
  - Significantly
  - Moderately
  - Little
  - Very Little
  - Not At All

What was the response to this treatment?
  - Extremely High
  - High
  - Moderate
  - Low
4. Satisfaction/Response to Treatment

Please rank percentage of each of the following for your homeopathic treatment (put NA if not applicable).

- Overall Treatment Success: ___________________________
- Treatment Success of Main Complaint: ___________________
- Improvement in Mental and Emotional Symptoms: ___________
- Improvement in Physical Symptoms: _____________________
- Improvement in General Well Being: _____________________
- Improvement in Energy: _______________________________
- Improvement in Self Awareness: _______________________
- How satisfied have you been with treatment?: ____________

How long were you in treatment before you saw results (months)?

_____________________________________________________

How much have you been able to reduce your previous medication, or supplements as a consequence of treatment?

_____________________________________________________

If you have successfully reduced your medication, what has been the cost savings? _________________________________

How important has homeopathy been in your overall healthcare?

- Extremely Important
- Very Important
- Moderately Important
- Mildly Important
- Slightly Important
- Not at all

How much of a problem has antidoting been in treatment (factors interfering with the action of the homeopathic medicine)?

- Extremely High
- High
How much of a problem have side effects or aggravations been in treatment?
  o Extremely High
  o High
  o Moderate
  o Low
  o Extremely Low
  o Not at all

How compliant have you been with treatment (eg. making all follow-ups, taking homeopathic medicine according to the instructions)?
  o Extremely High
  o High
  o Moderate
  o Low
  o Extremely Low
  o Not At All

How well do you understand your homeopathic treatment and how homeopathy works?
  o Extremely High
  o High
  o Moderate
  o Low
  o Extremely Low
  o Not At All

What is the average cost per year for homeopathic treatment (excluding medicine). ________________________________

What is the average cost per year for your homeopathic medicine? ________________________________

What do you like most about homeopathic treatment?
What do you like least?

Is there anything else you would like to share with us about your homeopathic treatment?

Thank you for participating in this survey! If you would like us to send you a copy of the final results, please leave your email address here.
Appendix B

Positive

• I am so relieved to have located a caring and professional homeopathic practitioner who is personally concerned about the health of my beloved pet and constantly seeking ways to improve the quality of life for a dog with chronic heart and urinary problems.
• Dr. X, our vet, is a great ambassador for homeopathics.
• I am amazed by it.
• I love my practitioner.
• It has been very helpful to our family.
• What has engaged my belief is my respect for my homeopath's knowledge of western medicine as well as homeopathic cures.
• Yes, homeopathy has helped me go through menopause easier.
• Homeopathy has been a miracle for my family.
• It really works.
• Dr. X has made a HUGE improvement in the quality of my health and life. I can't imagine my life without homeopathics or being under his care.
• I truly like and admire my doctor.
• I believe it is an outstanding way to deal with medical problems without having to take medications which cause side effects.
• Many Allopaths laugh when I tell them of my homeopathic experiences but I am grateful for it.
• I think the Dr took time to know all the symptoms, physical, emotional, my life, stress....it was an amazing visit..2 hours for 1st consult was a shock, but a nice relief to know someone cares about you more than just a short 15 minute visit. You are in an out of a mainstream Dr.'s office without many of your questions answered.
• I got involved with homeopathy when my children were young and had been ill with ear infections and needed to take antibiotics. Homeopathy really supported hsi health and he was able to live and extremely healthy life and not need antibiotics anymore.
• My practitioner is awesome!
• It feels less intrusive than traditional medicine and I feel more in control of my own medical well being.
• My practitioner is an MD psychiatrist and is brilliant. He is essential to my results.
• I love Dr. X, he is amazing.
• Homeopathy is good stuff!
• I believe in this form of treatment as much as I believe in the power of prayer and positive thinking. The law of attraction is universal and homeopathy is that the core of this law. Nothing is a cure all, but staying positive, using all types of support of ones health and wellbeing has a reward! You must believe!
• Homeopathy has helped me improve my life in huge ways.
• Amazing.
• Its great.
• I appreciate that homeopathy could help me when thousands of dollars worth of other approaches could not help me.
• I thank God for it. I can’t imagine a world without its presence and message.
• I love it. I am not on pain killers, muscle relaxants and so many other medications that are ordered for other individuals with my diagnosis.
• I couldn’t be more pleased!
• Be patient with it but it works!!!!!!!
• It was a lifesaver. The practitioner was amazing. She evaluated him on not just his medical problem but his overall psychology. We have gone back to her again for seasonal allergy remedies.
• It has it's real benefits.
• It takes lots of patience, but it works.
• it's the best!
• It works!!!!! And I'm better as a person, not just symptom free.
• Very excited about it!
• My homeopath is helpful in recommending many other alternatives to healthy living, which helps to bring all the factors of my life in line to get and keep me and my family healthy. Information in one source is very important to me, she's like a pharmacist instead of a doctor...she helps me focus on information I didn't know was out there, which benefits my well-being.
• Thanks for performing this survey.
• So very effective. If younger, I would become a practitioner.
• Do not desire any other Rx unless broken bones that need to be reduced
• I want to study Homeopathy...it's a godsend!
• It saved me!
• it has required patience and years of treatment but by the 8th year I was completely free of Psoriasis.
• Sometimes I am sure homeopathy is real and effective and works for me; other times my faith in it wavers. But I have learned a lot from the
whole process, working with my practitioner. And, I'm out of the hole I was in several years ago!
- I recommend it to everyone I know.
- I believe, I witness and I appreciate homeopathy as a viable healing modality.
- I was surprised that it worked but couldn't be happier that it does work.
- Excellent practitioner, caring, skilled.
- Especially helpful with menopause.
- I have used homeopathy for so long for overall care, I don't really have a history of treatment with conventional medicines. In conjunction with dental and surgical procedure, homeopathy was extremely effective in overall healing and pain management.
- This is transformative medicine. I would not be without it for the rest of my life. We just may be at the constitutional remedy we have worked hard for for years. I am delighted with the results and expect to see more.
- Thank god for it.
- I am so happy that there is this natural, effective treatment that is very economical.
- This is a profoundly holistic way of managing one's health. My mental health has been improved many times, as my practitioner pays attention to my overall emotional and spiritual state. I rely on my homeopath MD for all my health care needs. I hope I never have to switch to traditional medicines. Homeopathy treats many more symptoms than traditional interventions.
- It is very important to me and my family. I will continue to use it. I am worried with the "fads" that are out there that ultimately give Homeopathy a bad name.
- My child has been taking traditional meds for years for emotional problems resulting from head injury. They help, but not enough. And he has a terrible time adjusting to side affects-takes months instead of days. Non traditional works much better. First w/ neurofeedback we cut the meds in half, but he plateaued. Homeopathic remedies pushed him to the next level of improvement. We are not there yet, but it looks like maybe we will be someday.
- I consider chiropractic, massage, acupuncture and homeopathy all part of my body's wellness needs.
- I think it's amazing. my son has never been on antibiotics! in general, it's a wonderful healing practice that promotes self-awareness.
- I am very satisfied with the expertise of my homeopathic doctor, his treatments and recommendation. I have a great deal of trust in him.
• The traditional medical community could not even diagnose my heavy metal toxicity. A naturopath did but left the community. I went back to the traditional medical community with my diagnosis but they had no idea how to treat it and thought I had some form of fibromialga. I found my homeopathic practitioner who correctly identified my heavy metal toxicity and worked up a protocol. I began noticing noticeable changes for the better in about 5 wks.
• It works!
• I am thrilled it has helped and I haven't had to go back on antidepressants and all those other things being handed out like candy.
• It strengthens my entire being, leads me forward in my life.
• The treatment of my son’s warts was amazingly effective where conventional treatment failed, and also helped with overall wellbeing, oral surgery tonics were very effective resulting in little to no swelling/pain.
• Never going back to conventional medicine.
• My physician’s holistic approach is the most valuable aspect of treatment.
• It has improved the quality of my health immensely. Having my symptoms under control makes my life so much more manageable and enjoyable. Life with Homeopathic treatment is life without horrible depression.
• I think it takes an intelligent physician to use homeopathic medicine and combine that with conventional medicine. It is the best of both worlds.
• Our homeopathic vet is always available to us by phone. He is also a great help with my emotional state when I have an animal trauma. Recently found a chipmunk near dead with pneumonia he consulted on the phone and talked through physically clearing the little guys lungs and then giving a remedy to clear the pneumonia. He always attempts to save all living things without false promises. He values all living things including their keepers and loved ones. Homeopaths are different people. They are more compassionate than the traditional doctors I have had contact with. I also have a group of women that are traditional vets. They are very good and will help diagnose the physically problems and then fax or phone the results to my homeopathic vet for treatment. They also refer cases that can't be helped with traditional treatment. They are so enlightened and never threatened by alternative. In fact they are very interested and I feel they are studying it. They have also had my homeopathic vet treat their own pets when traditional treatment fails. I use homeopathic first.
• it has made a huge shift for me in terms of chronic conditions.
• it provides great results with few side effects.
• I use a combination of BodyTalk and homeopathy for my cat and she is doing very well. Had very bad asthma.
• Those remedies I have tried on my own have been EXTREMELY helpful. I am still in the process of treatment for a major condition that will take some time to work through so I can’t say how it will turn out, but I have hope for the first time in years.
• I love homeopathy!
• Without homeopathy this dog would not be alive today, thanks to it he has a reasonable quality of life and I’ve met a wonderful practitioner.
• I like it.
• The 11 year old 'kitty' doesn't look or act like her age and has many healthy years left as a result of starting homeopathic treatment rather than 'poisons'...
• I had an excellent physician, but I also am not good about self-control, and though I know I should not use some foods/coffee, I end up unconsciously doing thing that hinder my progress! Does this make sense???
• It is great!
• The more I learn about homeopathy the more I want to share it with everyone!!
• Extremely well qualified doctor.
• I am very pleased with it and plan to continue using it for the rest of my life!
• Yes, I plan to write articles for JAIH.
• It made me want to study to help others.
• Practitioner X is great.
• I'm eager to keep learning more!
• Glad I've availed self of it for decades.
• I wish there were more MDs practicing classical homeopathy.
• I think it's the most wonderful way to treat.
• I loved my homeopath. She really cheered me on, and that alone was worth a tremendous amount to me!
• It has been a life changing process; much more aware of how prescriptions or over the counter meds can impact your body beyond medicating the symptoms.
• I fell in love with homeopathy and wish everyone experienced this modality as a primary choice
• I am so glad that I found out about homeopathic medicine. It is such a comfort to know that my son will get well and not be harmed by the treatment.
• Homeopathy has changed my thinking about health, so much I decided to become a practitioner myself.
• I recommend it 100% over conventional drugs.
• It cures when traditional medicine can not.
• Highly recommend it as the most effective and cost effective health care available at this time.
• My homeopathic doctor also guides me with supplementation which together with homeopathic dosing helps me control the infection.
• HIGHLY RECOMMEND.
• I am enjoying the journey.
• Homeopathy changed my life. Thank you!!!
• I am fortunate to have an excellent homeopathic physician and veterinarian to partner with esp on the vague stuff.
• It's incredible, but requires an exceptional classically trained homeopath to find the right remedy.
• I am now studying to be a homeopath. Despite the fact I have not had success with treatment, I believe in it.
• I recommend it too many.
• When diagnosed appropriately and given the correct remedy and potency, homeopathy is nothing short of a miracle cure. More people need to know about it.
• For acute problems it has been like a miracle, for more chronic problems it may take longer, but that probably depends a lot on the skills of the homeopathic doctor.
• Flu is cured easily now.
• I like the treatment of the whole person.
• It works.
• It is an excellent whole person approach to care.
• It's life-changing.
• Since I started using homeopathic treatment myself and family have been able to maintain a much more healthly life. It's great!
• My heart attack forced me into the allopathic system; I'm making great strides to get back to 100% homeopathy.
• Helps me to cope with life!
• As a nurse and health care provider, it is an invaluable assist and can even be beneficial in combination with some treatment--I believe it should be primary resource.
• This is not working for me but I have seen it work for my son.
• Liked the relationship with the Homeopath.
• I trust homeopathy.
• Homeopathy has definitely been a major part of my health care plan. In addition, nutrition, acupuncture, chiropractic and exercise as well as massage and rolfing are necessities.
• Homeopathy has helped everyone in my family wouldn't give it up.
• Thank you, for doing this survey!
• I wish I had known about & used homeopathy years ago.
• Over-all I feel it has helped me tremendously.
• It has been wonderful for my cats.
• I would highly recommend homeopathic treatment to all - it's gentle and effective.
• It is such a gentle way of dealing with disease.
• I use homeopathy first before any other remedy. I use herbals and nutritionals together with homeopathy.
• I am pleased with results.
• I am grateful that homeopathy exists!
• I didn't know how bad I was until I got better.
• It’s been interesting to learn.
• I wish more people did homeopathy.
• Don’t use anything else.
• My homeopathic doctor consistently seeks to apply the best remedy for the situation.
• It has transformed my life . . . I'm very grateful.
• I love it. I look forward to life more than I ever have.
• My homeopath is amazing.
• It has been wonderful! I am glad I discovered homeopathy.
• Its a wonderful alternative to medicine and i am fully satisfied with my results
• More people should be allowed and aware of this treatment.
• I wish I had known 30 years ago that I could study and do self-treatment when applicable. I will seek out a practioner soon for overall checkup.
• It is a miracle and should be available for all.
• Homeopathic treatment just makes sense to me!
• I have been able to bring my 87 yr old mother there with good results and my husband and can treat them with remedies myself for everyday problems.
• I wish I had more people to share/discuss my experience with.
• More people should avail themselves.
• I love my homeopath, I avoid doctors at all costs because homeopathy is so much more effective for me, and there are no scary side effects.
• I wish I would have known about homeopathy decades ago.
• It has truly changed my life and the way I view my health and the health of my family.
• Well, I am a firm believer in homeopathy. It's just a matter of getting to the right remedy!
• Love it, love it, love it!!! Most of my dog friends are also being treated with homeopathy now, thanks to the influence of my homeopathic vet.
• Best healthcare system in the world!
• It got rid of symptoms I didn't realize were a problem until they were gone!
• It's made my life - a better life.
• It is vital for my health and my practice.
• It was so exciting to feel more and more well. I felt hopeless before homeopathy. MD’s made me worse.
• I'm breathing effortlessly now, got off of steroids for this, was a glaucoma suspect but my numbers have been dropping, emotionally so much stronger and balanced. I'm really amazed.
• It's incredibly powerful.
• I love it--and give daily thanks for it.
• I'm grateful for the exposure and hope that more people will receive this treatment without the government interfering.
• Love my homeopath!
• I believe in it so strongly.
• Have had great success with acute problems. Just not with this particular one.
• I am feeling graced to have found homeopathy.
• My Practitioner is wonderful, compassionate, and extremely knowledgeable.
• I learned so much about myself through the process.
• It has been extremely effective for me and my family. I am constantly encouraging friends to consider using homeopathy.
• My homeopath is very responsive to questions and support in between appts.
• I really believe in its potential to help alleviate our health care crisis, but am not optimistic about the acceptance of it for many reasons, primarily the pharmaceutical industry's influence.
• It's a lifesaver, it's wholistic and safe to use w/animals and children.
• Best thing I ever did for myself.
• I love it!!
• It's miraculous.
• It is a gift to mankind when used well.
• I have brought many patients to my Homeopath.
• I am lucky to have a sister who is studying this and working on my timeline. I believe that many of my stress symptoms are gone.
• It’s better than anything out there.
• Speedy recovery.
• It’s worth fighting for.
• It has changed my life and my family’s life in the most positive way.
• It’s the only way I go.
• I broke my ankle in Nov and amazed the orthoped when it was healed in 3 weeks and in 6 weeks he could see where it had been broken.
Homeopathy rocks!!!
• I’m getting better!
• It’s Great.
• Cure for EBV is priceless.
• it works!
• It has significantly changed my concept of disease and healing.
• Homeopathy is a wonderful method of health care.
• I highly recommend it.
• I’m in it for life.
• Homeopathy should be legal and allowed in public school settings and hospitals.
• Glad I have a good homeopath who treats acutes as well as the chronic layer.
• I am now doing self study and self treatment.
• I love it.
• Homeopathy is fabulous!
• Homeopathy is a great science.
• After my initial consult I can do phone call in appointments for any needs and as we live and travel in an rv this works great!!!
• I am most pleased with both the treatment and my homeopath.
• It is God centered.
• I’m hooked on homeopathy.
• I would love to empower more people with knowledge of this system of remedies.
• It has been a Godsend!
• I am so thankful I found it for my family.
• I love it and would not do without it. It is my first treatment of choice.
• Homeopathy has done wonders for my son. I only wish I had learned of it earlier.
• I think that by far, I would choose homeopathy over most treatments because done correctly, it is very effective.
• It has empowered me.
• It works without side effects.
• It has changed my life
• I look forward to being a fabulous addition to the Homeopathic Health Care field.
• I can’t live without it. hope I come back next time as a homeopath! Believe I was one in a previous lifetime!
• I will not go back to conventional medicine ever again.
• The effects of one remedy have been permanent.
• It is a lifestyle my family, friends and Greyhound embrace...it is indestructible.
• it works!
• It has simplified my life to the extent that I keep specific remedies in my purse and in our vehicles to catch problems when they occur instead of waiting two, three or more days to see our doctor.
• Overall extremely happy with it.
• It was the only thing that worked, including antigen shots, rotation diets, pharmaceuticals, chiropractic, massage, chelation and allopathic bullshit.
• It has truly saved my life!!!
• My wife sees great improvement in me that she attributes to homeopathy; I don't see it at all. My conventional dr. said I must never have had sarcoidosis if it cleared up; blood test showed I had it.
• My endless respect and gratitude.
• It's the best.
• A great learning experience.
• My practitioner is awesome!!!
• More people should use it!
• It treats symptoms I would otherwise live with-higher degree of wellness.
• It has educated me in participation of my own health care.
• I am sure I would be dead without it by now.
• My practitioner rocks!
• Homeopathic Dr. is God sent- even Regular Dr. has seen how homeopathic has helped, and on many problems defers to homeopathic Dr. because he knows how it has helped me.
• I've really valued my homeopath as a sounding board for me - she knows me better than most.
• I was so impressed by homeopathy even though I still have some panic disorder that I'm now studying to become a practitioner.
• I found it very effective and it helped my health considerably.
• Thanks for doing this.
• I doubt there are any other medical systems that can so completely initiate a healing response in a patient on all levels of their being.
• Homeopathy is THE thing that has made my son calmer, more resilient and more 'who he is'.
• It has made my life easier; used for kids; pets; has decrease my stress level since I self and family prescribe; few doctor visits.
• It works faster and better than other treatments.
• I tell all my friends and students about homeopathy's benefits to me.
• I love homeopathy.
• The final results are always amazing.
• I am grateful for it.
• After spending more than 30 yrs. in a hosp. setting, it is the best medical tx.
• It's changed my life and is the best form of medicine I've ever used.
• it works.
• I do not feel I would be a healthy person today if I had opted for allopathic treatment, which I feel palliates the symptoms, but does not cure the condition.
• Homeopathic treatment began me on a road to healing that is profoundly deep and satisfying.
• It is fantastic and so much better for you than conventional meds
• Love it!!!
• I have hope for un-invasive recovery from illnesses that can not be helped by conventional (allopathic) medications.
• I have learned so much in becoming a practitioner myself, that it is causing me to be a more discerning and particular patient.
• I am so happy with it and use it for patients and my children.
• God bless those who are in homeopathy.
• It is a great way to heal oneself.
• it helped to keep me alive.
• It saved my life and changed my life!
• I learned about it before first pregnancy. have 3 healthy boys, 18, 20 & 26. sharing with others is very gratifying!
• I do treat husband and several animals and friends call me. I don't have time now to cover all this in the present survey.
• It's been a life saver.
• It works, costs little, and is gentle on the body.
• Homeopathy is miraculous.
• It is essential in my life.
• I would not give it up for any allopathic treatment.
• Homeopathy is the primary mode of medicine for our entire family.
• My homeopath is very wise and perceptive.
• Homeopathy has helped me and my family in many ways since I started to use it.
• My son is recovering from Autism due to sequential homeopathic treatment. I know several other children who are also experiencing these results. Sequential homeopathy should not be discounted.
• I was in pain for many years before my treatment. After being treated my everyday activities am much improved! I am absolutely amazed and very Grateful!
• It works.
• Keep educating everyone!
• Became a practitioner myself.
• These goats would not likely be alive right now after a serious accidental poisoning.
• It is the best thing ever!!!!
• I love homeopathy
• My treatment was about a lot more than the remedy.
• I thank my father for having been brought up on Homeopathy.
• I truly value my relationship with my homeopath - he has been a lifesaver!
• I don't have to keep running to a doctor.
• I've not needed it much but when I have it has been very helpful.
• It has changed my life.
• It is the only treatment that goes really to the core.
• It rocks!!!
• I have studied enough homeopathy to manage my own acute/first aid treatment.
• I see worlds of need for homeopathy around me each day.
• I like the sense of overall strength as one gets better.
• Homeopathy does work when the correct remedy is given.
• It's wonderful and more allopathics should understand and use it!
• Simple approach works best.
• It has been enlightening.
• It is always my first choice of treatment.
• I like being able to do telephone consultations.
• It is a slow, gradual improvement that lasts; reaches areas of life not even considered prior to treatment.
• It is from GOD!!
• I like it better than having needles poked in me.
• At this point, I prefer to self-treat. I get better results and I learn more.
• It inspired me to study homeopathy.
• The best thing that ever happened to me is my homeopathic practitioner.
• Trust your practitioner!!!
• Homeopathy has drastically changed my life in a positive way.
• It can take patience... but worth it!!!
• It is very successful in treating wildlife
• I wish I found out sooner!
• It has cured serious physical and emotional problems in myself, my husband, and my two children.
• Homeopathy has vastly improved my health and happiness and functioning across the board.
• I just love it.
• I'm a believer......and now a practitioner.
• This is the way of wellness.
• Relatively easy; works with rather than against the body/mind; inexpensive.
• For our family of 11 to be without need for Dr. for the past 25 years has been a miracle...so thankful for learning homeopathy along the way
• I love it.
• Homeopathy is a very important system of medicine - especially in emergency medicine and in pediatrics - I have experienced the difference with my family.
• I think there is still a deeper level of healing, but I don't want to mess up the good progress by trying additional remedy(ies).
• I have become a pain in the neck on the topic of homeopathy and sent about 10 of my friends to my doctor. If I were not so old I'd definitely become one - its a remarkable and whole way of healing.
• Usually instant results.
• I am committed to using homeopathy.
• Thank you.
• Miraculous.
• Heilkunst or Sequential Therapy was the only thing that worked for this chronic, inherited problem.
- I love it! I would not have the quality of life I now have without homeopathy.
- I have no diabetic complications and I've been diabetic for 44 years!

**Neutral**

- It works in conjunction with urine therapy, it seems.
- I wish that you would accelerate training more doctors in classical homeopathy in U.S. When mine will retire, I won't be able to find anyone else that's as good as my doctor is.
- I'm a maverick and a difficult patient - tend to do my own dosing based on self-observation.
- It ought to be legal for non MD's but certified professionals to use.
- 2012 is the year of change to alternative medicine.
- I would like to find a homeopathic hospital in US if possible.
- Since my initial experience I have seen at least 5 other homeopaths with little to no improvement. I'm not seeing anyone as my doctor is wonderful, kind, knowledgeable, and takes as much time as needed.
- Needs more public awareness.
- If it worked for vitiligo, it would be great. The practitioner helped find my hashimoto's disease so I then got onto thyroid medicine.
- It should be covered by insurance.
- I wish it were more available.
- I wish I understood it more.
- I wish it were more affordable.
- Clarification on C, CK, X would be nice.
- I wish i had a chance to learn more about homeopathy and how each remedy works as a result of my visits to the practitioner.
- Correlation anonymous internet database needed to help with remedy finding.
- You have to believe. Thought is important, if you don't believe, it won't work.
- Push for reimbursement.
- Sorry, i can't answer some of these questions. i do remember that Lycopodium doesn't work for me ... causes rage.
- I wish more people understood.
- Most of our treatments for Lyme's disease, whether it's homeopathic or not, is not covered by our insurance. Homeopathy should be covered!
- We feel that if there was a constant support facility to get me through the withdrawal of meds it would have been more successful for me.
• It should be covered by insurance and wish more doctors of this were in my area
• For me, it's not straight homeopathy. So, it's hard to evaluate the cost and the effects of certain 'things'. For example, I did cheelation. That's not homeopathy. So, I didn't consider that in my 'reactions'. Also, I've ordered better quality vitamins thru my doctor. That also isn't homeopathy. I didn't include that in my costs mentioned above, but I did include the cost of sending the urine samples to a special lab after the chelation. I think maybe you should consider this in with your questions, because a lot of this overlaps. For example, I also get acupuncture, and she also gives me homeopathy sometimes. I think you also need to ask another question besides what is the one reason I went to a homeopathist? The reason I go is for 'general health'. I go to prevent things, not to fix things that are already broken.
• With different symptoms coming to forefront, it is difficult to know what follows what. Lack of ins. coverage a problem.
• My physician left his practice and moved out of state. For the past 22 years I have being treating myself because finding a classical homeopath has been extremely difficult.
• I wish small-town overworked homeopaths could have stronger support from big-city homeopaths (who have much greater access to conferences and seminars).
• My case is one of those rare, extremely difficult ones.
• I wish the initial treatment wasn't so expensive. It is getting more expensive and being on an income that is not keeping pace with the economy (state worker) I have cut back on all of my alternative treatments. I've seen to other homeopaths during the past few years at the ok of my primary homeopath and another opinion did not find the best remedy. She has not given up thankfully but if she does give up or retire, I may not continue with treatment.
• Homeopathy worked only for acute illness not for chronic like asthma due to allergy.
• Remedies should be reimbursed by insurance.
• I want it to work better.
• It should be cheaper.
• Nothing you probably haven't or won't hear from someone else.
• I'm the only member of my family that will use it; most of the others will take it if offered.
• I’ve been treated for quite a few different problems since 1982. It’s hard to distill that many years into one survey. The more experienced the practitioner, the better the results.
• We need a world wide network of homoeopaths.
• We need to educate MD’s through medical college education.
• I highly recommend to many I know and they have had good results.
• Winnie gained a new life!
• Hooray for it.
• It seems the longer you treat, the more effective the treatment is.
• I would like to be more informed rather than depend on the practitioner.
• I wish our insurance paid.
• Print on most labels is too small.
• When treatments don’t lead to total improvement sometimes it is difficult to decide between waiting and doing the next treatment.
• It’s extremely difficult to find competent homeopaths especially homeopathic veterinarians; they are practically non existent here in upstate NY.
• Difficulty with insurance company.
• I no longer actively pursue Homeopathic treatment.
• Classical/Complex and Supplementation have all helped me, but the cost is EXORBITANT.
• This experience took place while living in Maryland. I just moved to Nevada May 06, and have not been as fortunate to find a good homeopathic doctor, but I have kept in touch with my doctor in MD.
• I wish it was more available in the US . . . outside of our current Homeopathic physician, I do not know of one in our state.
• I wish more people used it & understood its value.
• Sure wish there was a case management/support group network available. Can I start one?
• It took my practitioner a long time to find the correct remedy for me and it was sometimes difficult to stick with it.
• This is the 3rd homeopath I’ve seen, it took a long time to find one who could figure out the right remedy for me.
• If was covered by health insurance, i would self-treat less
• The exact symptoms have to be determined and treated. This is not generic medication.
• I self-prescribe for acute but seek professional treatment for chronic conditions.
• Should require CE for homeopathic medicine.
• Need more specificity for future.
• It is not easy to find.
• Left practitioner and found a better one.
• I wish more practitioners could fully understand the minimum dose and the number of pellets does matter. Why are they being taught such backwards info? They need more study in the Organon 5/6th edition.
• It is subtle.
• There's is a dearth of qualified MD's practicing Homeopathy in this area although there are a few lay practitioners.
• More people need access and education
• Too few classicists.
• The only reason insurance paid is because I used an MD homeopath; this is a real issue as I had to travel to another state to find one.
• Some-times selection becomes a problem.
• We need more good homeopaths.
• We need to work harder to help people understand Homeopathy.
• Although I've had little luck with my panic attack and blood pressure treatment, I had one instance of a fantastic result, and I believe in it with all my heart.
• I wish it was more commonly used & understood.
• Best for chronic symptoms.
• Wish I could go to school for it.
• I want to know another Repertory.
• I miss the home groups from Chicago.
• I wish I was given intercurrents/acute remedies during chronic constitutional treatment.
• I wish I was told what I was given.
• I am still a sceptic at times....
• I like to use in conjunction with other modalities.
• I rarely needed it.
• For long term treatment, it is quite expensive. $18,000 over 8 years, and probably around $10,000 more over the years. It is a cheap way to get well if you have a simple case.
• I have no Homeopathic Dr. to guide me, and I take a lot of herbs, as well as 7 Rxs in the morning and 5 at noc.
• I wish more insurance companies would cooperate and cover homeopathic treatment
• Repressed memories were 100% unblocked, so what I may think were aggravations, may have been PTSD.
• There are good homeopaths and not so good ones. I wish lay people knew how to figure it out before spending the $300 for the first appointment.
• Fight for freedom to practice!
• The fees of practitioners are too high.
• I am a homeopath and a terrible patient!
• Wish there was a homeopath in Corpus Christi TX--there's not even a practitioner here & my customers need someone!
• Follow ups are confusing.
• I wish there could be more collaboration between conventional medicine and homeopathy.
• I wish there were more docs.
• This survey might be improved if it were to ask about degree of use of other 'CAM' modalities, time considered before seeking a homeopath / homeopathic tx, if one owns a self-care book / kit, etc.
• We need practitioners in this state.
• Homeopathy is sparse in Pennsylvania.

**Negative**
• As a senior citizen dependent on social security, I cannot afford to utilize homeopathic follow-ups as needed. This is not good practice, but until more insurance companies will pay for homeopathy, many patients cannot be helped.
• Practitioners think they know more than the patient does...need better homeopaths.
• I don’t want to think this is quack medicine but my experience can only lead me to that conclusion
• Unfortunately, it could not work because I wasn’t on the proper conventional medicines to start with, the doctor did not have enough time to get to know me before my next relapse, and I was resistant to the tool of meditation.
• Why is it taking so long to find the right remedy?
• I have tried a couple of homeopaths and each had a different remedy for me, each remedy had a slightly different result. Twice I had aggravations, which I not had before, ranging from a rash over eyelid, extreme rectal fissures with diarrhea, and feeling easily insulted. My emotionals are really my issue and I have not been able to overcome them. I also treat myself during acute situations. I am frustrated that I can not pinpoint the remedy that I really need.
• I was really uncomfortable with the Sankaran-style interview, felt poked and prodded at, felt I was answering "wrong", felt the homeopath was not listening to me. I would not go back to this homeopath again.
• I could write a better survey.
• It is expensive to keep searching for correct remedy.
• My physician's questionnaire is extremely lengthy and questions are often not applicable to young children. I am afraid to call for appointments because we haven't filled out the questionnaire.
• No matter what-slow deterioration.
• My previous homeopath, though advertising herself as "classical" clearly did not practice classical homeopathy and so I have significant homeopathic suppression.
• It's been a long bumpy ride. My family went through 2 homeopaths for our dog before the one we have now. For the humans in the family, we're on homeopath #4.
• Disappointed in the professionalism of the two homeopathists I worked with. One was inappropriate with some sexual talk, the other wasn't very well-trained and quit w/o notifying her patients.
• My homeopath "flaked out"-was not available at crucial time, perhaps closed practice without notice.
• My homeopath via remedies caused my vital force to become so very low I wanted to do nothing. I may have another problem causing issues. She told me to get a cat scan of sinus and chest xray.
• I have not found a well done placebo controlled trial for the application of highly diluted medications, so I am treated with EDTA chelation therapy, which I find very effective. I would not waste my money
Appendix C: Listing of Homeopathic Medicines Used and Frequency (Question #14)

Remedy
Abrotanum: 1
Aconite: 7
Adamas: 1
Allium cepa: 5
Aloe: 2
Alumina: 2
Anacardium: 2
Anhalonium: 1
Antimonium tartaricum: 2
Antistress drops: 1
Apis mellifica: 3
Aqua marina: 1
Aranea ixabola: 2
Argentum metallicum: 3
Argentum muriaticum: 1
Argentum nitricum: 3
Arnica: 25
Arsenicum album: 14
Atrax robustus: 1
Aurum metallicum: 10
Aurum muriaticum: 3
Aurum muriaticum natronatum: 4
Aurum sulph: 2
Baryta carbonicum: 1
Baryta nitricum: 1
Baryta sulphuricum: 2
Belladonna: 7
Bellis perennis: 1
Berberis: 3
Beryllium: 1
Bismuth metallicum: 1
Blood flukes: 1
Boa Constrictor: 1
Borrelia burgdorferi: 1
Bovista: 1
Bryonia alba: 3
Bubo virginianus: 1
Bufo rana: 1
Buteo jam: 2
Cactus grandiflora: 2
Caladium: 1
Calcarea carbonica: 25
Calcarea flourica: 3
Calcarea silicata: 1
Calcarea sulphurica: 2
Calendula: 2
Cannabis indica: 2
Carbo vegetabilis: 6
Carboneum sulphuratum: 1
Carcinosin: 8
Carduus marianus: 1
Carnitine titrate: 1
Castor equi: 1
Causticum: 9
Cell Salts: 2
Chamomilla: 2
Chih-ko: 1
Chimaphilia umbellate: 1
Chocolate: 1
Cimicifuga: 1
Cina maritime: 1
Cobaltum mettalicum: 1
Cocculus indica: 3
Coffea: 2
Coldcalm: 1
Crotallus cascavella: 1
Crotallus horridus: 1
Cuprum metallicum: 2
Curcuma: 1
Cygnus olor: 1
Digitalis: 1
DPT: 1
Dulcamara: 3
Easy Sleep: 1
Elaps: 2
Enallagma carunculatum: 1
Euphrasia: 1
Falco peregrinus: 2
Firefly: 1
Formic Acid: 1
Gelsemium: 3
Glonoinum: 1
Graphites: 6,
Guna inflam: 1
Gunpowder: 1
Halietus leucocephalus: 2
Hamamelis: 1
Hecla lava: 2
Helleborus: 1
Helium: 1
Helodrilis: 1
Hemopuritox-Arthricin: 1
Hepar sulph: 1
Hos-var: 1
Hydrogenum: 3
Hydrophis c: 1
Ignatia: 12
Influenzinum: 1
Ipecacuanha: 1
Juniperus communis: 1
Kali arsenicosum: 1
Kali bichromiccum: 6
Kali carbonicum: 8
Kali iodatum: 2
Kali muriaticum: 1
Kali phosphoricum: 2
Kali silicata: 2
Kali sulph: 1
Kola: 2
Lachesis: 13
Lac caninum: 1
Lac delphinum; 1
Lac equinum: 2
Lac felinum: 1
Lac humanum: 3
Lac leoninum: 3
Lactobacillus: 1
Lanthanum chloratum: 1
Larus argentatus: 1
Latrodectus mactans: 1
Lauroceraseus: 1
Ledum palustre: 3
Leprominum: 1
Lilium tigrinum: 1
Lindera: 1
Lycopodium: 15
Lymph Flukes: 1
Lymphomyosot: 1
Lyssinum: 1
Magnetix articus: 3
Mag mur: 1
Mag phos: 3
Magnesium silicata: 1
Manganum nitricum: 1
Marsh Duck: 1
Medorrhinum: 4
Mercurius vivus: 7
Migraquel: 1
Momardica: 1
Morgan bacillus: 1
Muriatic acid: 2
Naja: 7
Natrum carbonicum: 3
Natrum muriaticum: 34
Natrum phosphoricum: 2
Natrum silicata: 1
Natrum sulphuricum: 3
Neurexan: 1
Nitric acidum: 2
Nux vomica: 17
Oleum jecoris: 1
Opium: 2
Oscillococcinum: 2
Penicillinum: 1
Phellandrium aquaticum: 1
Phosphoric Acid: 5
Phosphorous: 33
Picric Acid: 1
Piper methysticum: 1
Platina: 1
Plumbum: 2
Plumbum iodatum: 1
Protozoa protisella: 1
Psorinum: 2
Puslatilla: 27
Python: 1
Rabbit: 1
Raphanus: 1
Rhodium metallicum: 1
Rhododendron: 1
Rhus toxicodendron: 19
Rosa damascens: 1
Rumex crispus: 1
Ruta graveolens: 6
Sabina: 1
Sanguinaria: 1
Sea Urchin: 1
Sepia: 26
Silica: 18
Spongia tosta: 3
Stannum metallicum: 2
Staphysgagria: 10
Stramonium: 2
Sulphur: 29
Symphytum: 1
Tarentula hispanica: 2
Terbium flour: 1
Teucrium: 1
Thallium: 1
Theridion: 1
Thiosianimum: 1
Thuja: 10
Trauma: 1
Tuberculinum: 2
Uranium nitricum: 1
Ustilago: 1
Vanadium: 1
Veratrum album: 1
Verbascum: 1
Wobenzym: 1
Yeast/Fungal Detox: 1
Zincum met: 2
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